

Rights List

Spring 2023



PATMOS
ESCHBACH
GRÜNEWALD
THORBECKE
SCHWABEN
VER SACRUM

The publishing group that
captures the spirit of life

Dear friends and colleagues,

We are delighted to present to you our new rights list for Spring 2023 and would like to invite you to find out more about the latest titles as well as strong backlist titles of our imprints

Patmos – Thorbecke – Grünewald – Eschbach – Schwaben – Ver Sacrum

Our list offers a wide range of titles, covering psychology, self-help, memoirs, parenting, spirituality, religion and theology, as well as gift books and children's books for First Communion.

Our imprint Thorbecke specializes in books on cookery, lifestyle and gardening, on the one hand, as well as books on history and cultural history, on the other hand.

To find out more about our authors, titles and agents, please visit our new foreign rights website at <https://www.verlagsgruppe-patmos.de/rights>. In the Foreign Rights section you can browse our rights list online or select individual titles from different categories. A click on the category will show you all the titles available. With a click on the title you will be able to view English summaries, key selling points, up-to-date information on rights sold as well as biographies of our authors, illustrators and photographers. Also, there are information sheets, synopses and sample translations available for download.

Please don't hesitate to contact us if you would like to receive advance materials, reading copies or any further information on our titles and upcoming co-editions.

We hope you enjoy browsing our catalogue and look forward to hearing from you!

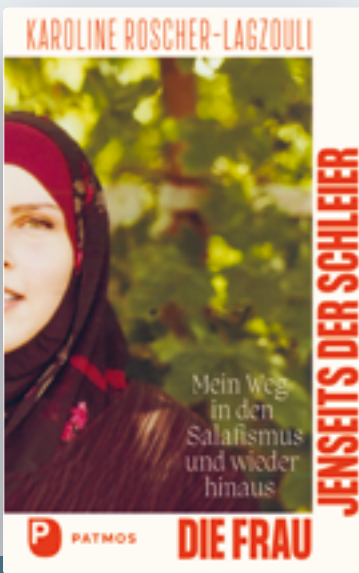
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Foreign Rights Department

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Senefelderstr. 12
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Germany
www.verlagsgruppe-patmos.de

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KAROLINE ROSCHER-LAGZOULI

The Woman Beyond the Veil

My Path into Salafism and Back Out Again

ISBN: 978-3-8436-1356-9 | Patmos | Hardcover | 176 pages | 14 x 22 cm | € 19.00

A look behind the scenes

After growing up as an atheist, Karoline Roscher-Lagzouli converted to Islam in her twenties due to a lifelong fascination with Islam. For several years, she was part of a conservative Salafi community. In this autobiography, she tells about her life in the community, the conflicts with her family, her “awakening” and her continuing search for an authentic expression of her faith that is appropriate for her. As a devout Muslim and feminist, she wants to have her say in current debates instead of just listening when others talk about her.



ILKA BRÜHL

Beautiful In a Different Way

ISBN: 978-3-8436-1255-5

Patmos

Ilka Brühl looks different. She was born with a facial cleft. As a child, she was berated as a witch. As a young woman, she withdrew from the world. Her path to more self-confidence was long and rocky, but it was worth it. She has turned her special appearance into a trademark



DÖRTE MAACK

How to Build a Castle from Ruins

ISBN: 978-3-8436-1260-9

Patmos

Dörte Maack leads the life of a dazzling circus performer until she's diagnosed with an eye disease. She makes two plans: A: Not become blind. B: If she does, take her own life. After hitting the bottom, she suddenly feels ground beneath her feet. Plan C begins to mature.



CHRISTINA HECKE

Let's Be Honest

ISBN: 978-3-8436-1218-0

Patmos

Human beings are connected with each other and with all of life. Actress Christina Hecke poignantly describes what effects this glimpse behind our lives can have in a very concrete way: privately and professionally, socially and globally.



ELENA PIRIN

My Lion Cub

ISBN: 978-3-8436-0767-4

Patmos

Leo does just fine, just not at the pace that development tests and society expect. Elena Pirin loves her son above everything, but sometimes she is discouraged by the difficulties that everyday life entails.

Sold: Korean



SABINE MEHNE

The Great Departure

ISBN: 978-3-8436-0834-3

Patmos

Dying doesn't have to be a deadly serious thing. After Sabine Mehne had a near-death experience, the thought of death no longer makes her worry. On the contrary, she now feels dying has to do with freedom, luminance, and yes, even joy.



NORA-MARIE ELLERMAYER

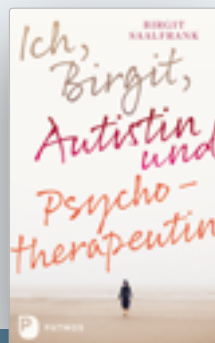
Life Fog

ISBN: 978-3-8436-1063-6

Patmos

Burnout and depression can affect anyone. For psychotherapist Nora-Marie Ellermeyer, suddenly, nothing works anymore. She plunged into a deep dark depression that lasted for more than a year.

Sold: Korean



BIRGIT SAALFRANK

I, Birgit, Autist and Psychotherapist

ISBN: 978-3-8436-1117-6

Patmos

An autistic psychotherapist? When Birgit Saalfrank was diagnosed, her world fell apart. But she learns to accept herself and now leads a happy life – even if it means giving up her profession.



ANDY HOLZER

My Everest

ISBN: 978-3-8436-1093-3

Patmos

In May 2017, mountain climber Andy Holzer, who has been blind since birth caused a sensation: he reached the summit of Mount Everest, which meant fulfilling his greatest dream. In this book, he describes his spectacular expedition to the Roof of the World.

Dementia: When moments are enough

- ▶ For relatives of people with dementia
- ▶ A declaration of love to life
- ▶ Ulrich Schaffer's most personal book



Ulrich Schaffer tells the story of a great love – despite his partner's dementia – in thoughtful prose, poems and sensitive black-and-white photos. He describes their happy days and concludes with ageing, as well as a creative approach to dementia and dying. The book shows a person's dignity and beauty, even in weakness. Ulrich and Waltraud had been married since 1965 when she died in November 2021. The book tells how dementia brought the two together again in a completely new way. It reveals the preciousness of every single moment in life and takes away the fear of dying. This is a sensitive, encouraging book for those who live with a demented person and learn what it means to simultaneously hold on and let go.



Also available:

SIGRID TSCHÖPE-SCHEFFLER

I Used to be a Snazzy Bird, But Now I'm a Lame Duck

ISBN: 978-3-8436-1233-3

Patmos

The open-minded and humorous lady this book is about seized the opportunity of living with her caregivers for a personal and cultural exchange. This resulted in strange and wonderful stories that show how even a care situation can be lively and enriching.

ULRICH SCHAFFER

With You, Without You: Our Life Together with Dementia

ISBN: 978-3-8436-1439-9

Patmos

Hardcover with ribbon

288 pages

14 x 22 cm

€ 28.00

ULRICH SCHAFFER emigrated to Canada with his parents 70 years ago when he was ten years old. For the past 25 years, he has lived in Gibsons on the Pacific Coast – a town that can only be reached by ferry. He has published more than 200 books and large photo calendars. Through social media and more than 55 book tours over the last 45 years, he has remained loyal to his German-speaking community of readers. As a writer and photographer, he focuses on the major topics of spirituality (life), relationship (love) and beauty (creation) at home and while travelling around the world.



CLAUS KOCH
Education to Open-Mindedness
 Zoe's Story

ISBN 978-3-8436-1361-3 | Patmos | Hardcover | 184 pages | Format 14 x 22 cm | € 20.00

A splendid plea for autonomy, tolerance and open-mindedness

This book doesn't give any tips on how to raise children but uses the form of a novel to describe how a child grows into the world and develops curiosity and understanding. Zoe's story follows stages that are important in terms of developmental psychology. In the appendix, the author gives his readers the opportunity to read insights from modern infant research, developmental psychology and attachment theory in Zoe's childhood and adolescent experiences.



CLAUS KOCH
Children of Separation
 ISBN: 978-3-8436-1108-4
 Patmos

Based on the latest scientific studies, the author outlines perspectives on how parents and their children can best cope with a separation or divorce. This approach allows the courage and confidence for a new and happy life to develop once again.



JOSEPHINE SCHWARZ-GERÖ
A Dad Is Not a Mom
 ISBN: 978-3-8436-1092-6
 Patmos

While the role of the new mother is clear, there are many questions in the part of the father. Josephine Schwarz-Gerö explains how a father can fulfil his role in a way that is good for everyone. This makes it possible to resolve conflicts and dissatisfaction.
Sold: Romanian



FELICITAS RÖMER
Chill Out, Mom!
 ISBN: 978-3-8436-0528-1
 Patmos

Even if it isn't always "easy", there's no reason to panic about puberty. With lots of practical tips, Felicitas Römer describes how parents can make it through their children's puberty with ease. So when the kids command you to "Chill out!", you can calmly answer, "I'd be glad to!".



RITA STEININGER
When Little Dragons Spit Fire
 ISBN: 978-3-8436-1188-6
 Patmos

When children turn into little dragons it costs parents a lot of energy and nerves. By using games, exercises and tips that apply to everyday situations, the author shows how parents can intercept their children's fits of rage and steer them into more constructive channels.



RITA STEININGER
The Basics of Fighting Fairly
 ISBN: 978-3-8436-0468-0
 Patmos

The author uses typical examples and concrete tips to demonstrate how parents can guide their families toward respectful coexistence. You can master conflict with your children without yelling or punishments.



HEINZ-PETER RÖHR
How I Can Help My Child Gain Strong Self-Esteem
 ISBN: 978-3-8436-0995-1
 Patmos

Röhr shows how parents can recognize negative inner workings of their children and how they can deal in a helpful way. It is possible to strengthen children's self-esteem so they can cope with life!
Sold: Czech



JOSEPHINE SCHWARZ-GERÖ
Baby, Why Won't You Eat?
 ISBN: 978-3-8436-0033-0
 Patmos

When a baby doesn't want to eat, parents worry about the well-being of their child. Their desperate attempts to get their baby to eat often trap them in a vicious cycle, although the baby knows what the solution is!
Sold: Italian



CHRISTINE RANKL
How to Soothe Your Baby
 ISBN: 978-3-8436-0060-6
 Patmos

Babies who cry a lot often leave their parents feeling helpless and frustrated. Christine Rankl explains the various causes for severe crying in babies and provides useful advice to parents.
Sold: Chinese (simplified), Italian, Latvian

Why children want to be raised

- ▶ Encouragement for insecure parents
- ▶ With many examples from everyday family life



“Mum, if you don’t want me to do that, then forbid it!” When children say something like this, it’s clear that something is going wrong in their upbringing. And this is: Many parents no longer actively raise their children. They prefer to have their children as equal partners, from whom they can also get support for themselves. They fear losing the children’s love if they ask them to do something unpleasant and let them decide everything on their own. However, it is important that parents give their children stability and a secure basis. Children who are pushed into the adult role are overwhelmed and suffer from what is called “parentification” in psychological jargon. Elisabeth Raffauf shows what parents require so that they can accept their parental role and what children need from their parents. Parents do not always have to do everything right. But only when they clearly stand by their responsibility and don’t become buddies with their children can they give them what they need to grow up: love, support and orientation.



By the same author:

ELISABETH RAFFAUF
**They Don’t Just Do Nothing:
 They Lie There and Grow**

ISBN: 978-3-8436-1019-3

Patmos

This book reminds readers of their own chaos years and helps understanding today’s young people in their conflict between need for affection and rebellion, as well as exploring the role of the parent in a new way.

Sold: Korean

ELISABETH RAFFAUF

Just Raise Us!

What Children and Adolescents
 Need from Their Parents

ISBN 978-3-8436-1322-4

Patmos

Softcover with flaps

184 pages

Format 14 x 22 cm

€ 19.00

ELISABETH RAFFAUF, a certified psychologist, leads group discussions for parents of adolescents, for young girls and for children of divorced parents. She works for the educational show »Herzfunk« on West German Television’s (»WDR«) series »Lilipuz« and belongs to the advisory team of the children’s news program »Logo« on Germany’s Channel 2 (»ZDF«). She is the author of many educational books as well as brochures for Germany’s Federal Center for Health Education. Elisabeth Raffauf is the mother of a daughter and two sons.



IRMTRAUD TARR

Letting Go: The Art that Makes Many Things Easier

ISBN: 978-3-8436-1457-3 | Patmos | Paperback | 160 pages | 14 x 22 cm | € 16.00

Helpful tips to practice letting go

Letting go is a vital topic. With every breath we take, we must let go of something. With every day, we have to say goodbye to something and get ready for something new. This is not only difficult for us when dealing with the big life tasks, but also the little everyday things often make it hard to take exactly this step.

This book encourages us to ask ourselves some questions: Why is it so hard for me to let go? How could I learn to let go of problems in everyday life? What advantage does letting go have for me? At the same time, it also has some unusual, thought-provoking and quite practical ideas for the answers to these and similar questions.



GABI RIMMELE
Achieving Joy in Life with Lightness
ISBN: 978-3-8436-1404-7
Patmos

The first section of this book discusses how we can let go of unnecessary burdens and achieve more ease in our life. When we succeed at this, new types of freedom arise. The second part of the book offers a bouquet of ideas on how we can actively shape our lives so that we experience them as happy and fulfilling.



GABI RIMMELE
Trade Chaos for Ease
ISBN: 978-3-8436-0638-7
Patmos

Gabi Rimmele experiences firsthand what keeps people bound to things: fond memories, scarcity or deprivation, or a bad conscience – all of these can be reasons for accumulated clutter. With stories from the Tauschmobil, or Exchangemobile, a gift shop on wheels, the decluttering advisor helps us understand the reasons for all this accumulation.



CLAUDIA DUWE
Trusting the Future Again
ISBN: 978-3-8436-1295-1
Patmos

“Lion Times” is what Claudia Duwe calls crisis phases. But Lion Times are also times in which the lion appears as a mentor and power animal. Many active exercises make it possible for readers to embark on their own lion’s journey to transform pain and find back to inner clarity.



GUY BODENMANN
Love With All Your Heart
ISBN: 978-3-8436-1306-4
Patmos

With the help of many exercises and tips, couples therapist Guy Bodenmann shows how couples can strengthen their commitment in order to survive times of crises in a good way and grow old together. This is a book that helps people sustain love and find their way to a happy relationship.



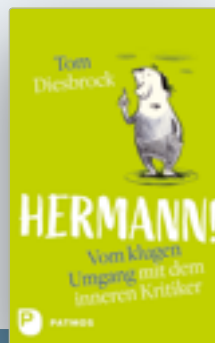
KERSTIN FRIEDRICH
No Sport Also Isn't a Solution
ISBN: 978-3-8436-1321-7
Patmos

All of us “actually” want to do more sport, feel fit and have a healthier life. But we are often too comfortable. There are just thousands of excuses. Kerstin Friedrich, a couch potato herself, only got into sport at age 60 as a result of a bet and has stuck with it.



TOM DIESBROCK
Let Loose
ISBN: 978-3-8436-1274-6
Patmos

Welcome to the world of the Little Perfectionist. It has settled in our minds and constantly convinces us that we need to raise the bar a little bit higher. Tom Diesbrock invites us to take a closer look at this stubborn part of our personality.



TOM DIESBROCK
Hermann!
ISBN: 978-3-8436-1186-2
Patmos

Hermann is our inner critic. He picks us to pieces and nags at us. We want to run away, but he runs with us. Because he’s part of our personality that “actually” just wants to help. The author knows how Hermann ticks and reveals how we can defuse his criticism.



CHRISTIAN FIRUS
The Long Shadow of Childhood
ISBN: 978-3-8436-1015-5
Patmos

Emotional injuries and traumatic experiences can have an impact on the entire life. Even if it occurred long ago, feeling, thinking and actions can still be impaired. Christian Firus looks at the whole range of traumatic experience.

Don't be afraid of fear!

- ▶ Very current topic
- ▶ Constructive approach to fear
- ▶ Discovering the opportunities of fear
- ▶ Established author of many long-sellers

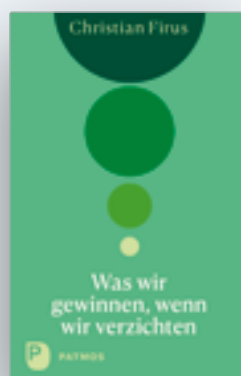


Fears in uncertain times are quite normal, but they can paralyse us and make us incapable of acting. Which often makes them even bigger. How can we escape the vicious circle of fear? Or can our fears even be used constructively? Christian Firus shows that it's not a matter of denying fear but facing it so we can better understand it. The experienced specialist for psychosomatic medicine and psychiatry describes what helps quite concretely in every life against fear, as well as what we can do to look more confidently towards the future. This is a highly topical book that helps in discovering the opportunities of fear and gives advice on how we can better deal with our fears.

CHRISTIAN FIRUS
When the World Falls to Pieces
 Dealing with Fear
 In Uncertain Times

ISBN: 978-3-8436-1458-0
 Patmos
 Softcover with flaps
 208 pages
 12 x 19 cm
 € 20.00

CHRISTIAN FIRUS is a physician specialized in psychosomatic medicine and psychotherapy, psychiatry, trauma therapy and systemic therapy. He is a senior staff member at a rehabilitation clinic in the Black Forest region and author of a book. His areas of expertise include the further development of approaches to trauma therapy in groups, the treatment of depression and burnout, as well as promoting mental health.



By the same author:

CHRISTIAN FIRUS
What We Gain When We Do Without

ISBN: 978-3-8436-1253-1

Patmos

Doing without what is superfluous and letting go of what is too much is precisely what we need to be happy. This approach offers a path to better health, more freedom and greater personal development on many levels in daily life. Christian Firus takes the reader on a surprising journey of discovery in a new culture of the less. With tips and exercises.



ELLEN SPANGENBERG

Trusting Life Again

Healing Trauma After Sexual Violence

ISBN: 978-3-8436-1455-9 | Patmos | Paperback | 208 pages | 14 x 22 cm | € 22.00

Easily understandable first aid for affected people

For the survivors of sexual violence, it is important to understand the symptoms of their traumatization and develop strategies for stabilizing themselves in times of crises. Ellen Spangenberg gives comprehensive information on the consequences of sexual violence, discusses the latest treatment possibilities and shares tested methods of self-help. This book does not replace therapy but helpfully accompanies the affected women on their path to healing.



STEPHAN MARKS
Hope – Be Ready for Something New

ISBN: 978-3-8436-1417-7

Patmos

We learn how vulnerable our world is every day in the news. And what should we do about it? According to social scientist Stephan Marks, every human being can contribute to society with their abilities and potentials. Especially in times of crises!



BARBARA RÖSER / UDO RÖSER
The Wounded Inner Child

ISBN: 978-3-8436-1237-1

Patmos

If we lacked support and love as a child, these emotional wounds will probably interfere in our couple relationship. The authors show how people can leave the negative spiral of inadequate self-love and insecurity to find true communication and closeness.



CHRISTOPH AUGNER
Self-Optimization Is Also Not the Solution

ISBN: 978-3-8436-1232-6

Patmos

Faster, better, more efficient – we live in the age of self-optimization. The more we strive for optimization, the greater our discontent becomes. Psychologist Christoph Augner explains why this situation arose and shows that there is a way out.



HANS MORSCHITZKY/
THOMAS HARTL
Understanding and Overcoming Fear of Illness

ISBN: 978-3-8436-0153-5

Patmos

A guidebook for people suffering from excessive fear of illness featuring a self-help program in seven steps for those affected.

Sold: Complex Chinese, Italian, Romanian



HEINZ-PETER RÖHR
The Wise Way to Handle Feelings

ISBN: 978-3-8436-1279-1

Patmos

Heinz-Peter Röhr demonstrates: An intelligent approach to feelings is more important for our happiness in life than a high IQ. He explains what the loss of control is, how it happens and the strategies to counteract it.



HEINZ-PETER RÖHR
The Art of Appreciating Yourself

ISBN: 978-3-8436-0391-1

Patmos

Heinz-Peter Röhr shows how it is possible to develop appreciation for oneself and find a way to create a happy and successful life. Over 10,000 copies sold.

Sold: Complex Chinese, Czech, Polish



UDO RAUCHFLEISCH
When Relationships Make People Dependent

ISBN: 978-3-8436-1341-5

Patmos

Using many case examples, Udo Rauchfleisch explains the phenomenon of relationship dependence and gives very concrete tips on what we can do to dissolve destructive relationship patterns.



SABRIA DAVID
The Longing for the Next Click

ISBN: 978-3-8436-1243-2

Patmos

Social media and digital technologies have changed our life. How can we help to shape this transformation in a self-determined way? Sabria David has coined the term “media resilience” for a positive and confident approach.

New understanding of depression

- ▶ Clarification of the disease concept, as well as expansion of the medical diagnosis according to ICD
- ▶ Helps those affected to shed stigmatisation and other labels, as well as find a new sense of self-confidence



In this new book by the renowned author, he takes a clear stand against the picture of depression painted in society and the medical field: Experts often talk about depression with much unambiguity as a mental illness – with all the devastating consequences for those affected. Josef Giger-Bütler takes the opposite approach: We need a holistic perspective on depression and depressed individuals since depressive behaviour is not pathological but learned. It can therefore also be unlearned.

By distinguishing depression from emotional states of stress, the author also contributes to objectifying the discussion on the psychological after-effects of the Corona pandemic – which are often referred to as depression. This book gives depression a completely new status, letting depressed people restore their dignity and ability to take action.

JOSEF GIGER-BÜTLER
What Is Depression Really?
 A Plea for a New Understanding

ISBN: 978-3-8436-1374-3

Patmos

Paperback

160 pages

14 x 22 cm

€ 18.00

JOSEF GIGER-BÜTLER is a psychotherapist in private practice in Lucerne, a trainer for psychotherapists and a lecturer at the Lucerne School of Social Work in Switzerland. He is the author of many self-help books.



By the same author:

JOSEF GIGER-BÜTLER
Stronger than the Pain

ISBN: 978-3-8436-1179-4

Patmos

Chronic pain can turn people's lives upside down and rob them of vitality, initiative and motivation. The well-known psychotherapist Josef Giger-Bütler describes the means and paths through which individuals can find their way out of this chronic strain by finding a different and new approach to their pain.

CHRISTIANE NEUEN (ED.)

Verena Kast: Life Is Relationship

From the Self to the World

ISBN: 978-3-8436-1461-0 | Patmos | Hardcover | 192 pages | 14 x 22 cm | € 22.00

Jungian psychology for our age

The renowned Jungian analyst and psychotherapist Verena Kast has repeatedly used relatedness as the focus of her work, such as when she explains the emergence of complexes or emphasizes that individuation is a relationship process. Especially in her later works, she has illuminated current social and socio-political topics such as the phenomenon of the conspiracy narrative, xenophobia or dealing with hatred. For Verena Kast's 80th birthday, texts from her extensive works have been compiled and make it clear: Kast's psychology is a psychology of the relationship, which focuses on turning towards other people and the world. It provides essential impulses for a successful life.

**BRIGITTE DORST
The Knowing of the Heart**ISBN: 978-3-8436-1419-1
Patmos

In this book, the author focuses on the spiritual depth dimensions that characterize analytical psychology and differentiate it from other psychologies. It emphasizes the key significance of spirituality in analytical psychology, which we understand as a "spiritual psychology."

**BRIGITTE DORST
Resilience**ISBN: 978-3-8436-1456-6
Patmos

Brigitte Dorst elucidates the definition of resilience from the perspective of depth psychology and explains why we need it, especially in difficult times. The experienced Jungian analyst enables readers to strengthen the resilience of their spirit.

**INGRID RIEDEL
Finding a Taste for Life**ISBN: 978-3-8436-1422-1
Patmos

Finding a taste for life – is there anything that we desire more in a person? This book is a journey of discovery through our five senses – and it simultaneously takes us on a path to (once again) finding what gives our life a meaning or a "taste" for life.

**INGRID RIEDEL
Discovering the Inner World**ISBN: 978-3-8436-1372-9
Patmos

The world of our lives is becoming more and more complex and challenging. In this book, the renowned Jungian analyst and psychotherapist Ingrid Riedel shows how exciting it is to engage with the inner reality as described and explored by the various directions of Depth Psychology.

**INGRID RIEDEL
The Secret of the Second Half of Life**ISBN: 978-3-8436-1281-4
Patmos

Ingrid Riedel uses many examples to describe how women in the second half of life discover new perspectives. Her book can encourage women between 40–70 years to open up to transformation and renewal.

**VERENA KAST
Starting Anew Time and Again**ISBN: 978-3-8436-1280-7
Patmos

In order to cope with fear and desperation, we can develop inner counterforces. We need to focus on hope and confidence – emotions that give us the strength to overcome challenges and risk creative new beginnings.

**VERENA KAST
Access to Liveliness**ISBN: 978-3-8436-1308-8
Patmos

Interest is such a "normal" emotion that it is usually not even perceived as such. But it has an enormous significance for our psyche. If interest is lacking, boredom comes into play. Interest and boredom are emotions that make us feel alive.

**VERENA KAST
Aging – Always Good for a Surprise**ISBN: 978-3-8436-0736-0
Patmos

The sometimes difficult changes of aging provide lots of new challenges. How to go about during this aging process is what the renowned Jungian analyst Verena Kast describes in this book.

Sold: Russian

What do we really know about death?

- ▶ Latest scientific findings
- ▶ Comprehensive summary of current research
- ▶ With a foreword by Pim van Lommel



The term near-death experience has become familiar to many people, yet most only have a vague idea of what it actually means. This book is intended as a type of reference work on the topic: a short and concise, yet sufficiently detailed, scientifically substantiated summary on the status of the research and possibilities of interpreting these experiences. As such, it can help not only individuals who have had a near-death experience to integrate and process it, but also physicians and staff in the health care system and hospices, as well as those who have recently lost a close relative or terminally ill patients and their families.

WOLFGANG KNÜLL

Near-Death Experiences: A Glimpse into a Different World

Current Answers from Science

ISBN: 978-3-8436-1454-2

Patmos

Hardcover

208 pages

14 x 22 cm

€ 22.00

DR. WOLFGANG KNÜLL, MD and specialist for general medicine, worked in his own practice in Cologne until 2010. After having an experience as a doctor in an intensive care unit 45 years ago, he has been scientifically involved with the topic of consciousness in near-death experiences. Since 2016, he has been giving lectures on the topic and is involved in a continual exchange with the internationally renowned Dutch near-death researcher and cardiologist Pim van Lommel.



Also available:

VERENA KAST

More Time for the Soul

ISBN: 978-3-8436-1416-0

Patmos

“When we speak of the soul, we speak about being alive,” according to Verena Kast. Yet, we often have the feeling of being frozen in a soulless everyday life. The author advocates that we take more time for the soul so that vitalization can happen from within.



ANGELA KRUMPEN / REGINA GROOT BRAMEL

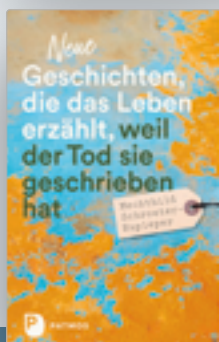
Giving You Heaven

A Book for Girlfriends

ISBN: 978-3-8436-1409-2 | Patmos | Softcover with flaps | 112 pages | 13 x 21.5 cm | € 16.00

A friendship stronger than death

Angela Krumpen planned to do a radio program with Regina Groot Bramel – who is converting her house so she can take in other people's children as her own, is out in nature whenever possible and bubbles over with her joy in life. By the time the program takes place, the two have long formed an intensive friendship. When Regina suddenly dies, Angela travels to the North Sea island of Amrum and puts together the book about girlfriends that they had planned to write together.



MECHTHILD SCHROETER-
RUPIEPER
**New Stories Told by Life
Because Death Wrote Them**
ISBN: 978-3-8436-1378-1

Patmos
Those who allow themselves grief also become more open to loving gratitude. In "New stories ...," she tells of this in touching and encouraging, every day and special, sad and funny encounters with boys, girls and their families.



PETRA SUTOR
Grieving for a Star Child
ISBN: 978-3-8436-1323-1
Patmos

When a child dies, it's a decisive turning point that accompanies most parents throughout their lives and has effects on the entire family system. This book accompanies parents of star children in an informative and warm-hearted way. It helps them to bear the unspeakable pain.



PETRA SUTOR
Mourning at the Workplace
ISBN: 978-3-8436-1212-8
Patmos

Death and mourning are part of life, so they do not stop at the company doors. This book provides HR managers with the necessary basics for how to take appropriate action in acute cases and establish the topic of grief as part of the company culture in the long term.



NATALIE KATIA GREVE
Why?
ISBN: 978-3-8436-1318-7
Patmos

Natalie Katia Greve accompanies mourners after suicide with a book that is empathetic and easy-to-read. She encourages them to endure the unanswered questions, to dare to find their way back to life and to find new courage in life – even if this seems unimaginable at first.



NATALIE KATIA GREVE
The Little Grief Companion
ISBN: 978-3-8436-1130-5
Patmos

When people suddenly find themselves confronted with grief, very few know what is happening to them. Easy to read and compact, this book answers the most important questions on the topic of grief and offers support for self-help.



IRMTRAUD TARR
What Rescues Us
ISBN: 978-3-8436-1317-0
Patmos

When we must cope with loss, we need sources of strength that are always available to us. Irmtraud Tarr concentrates on the value of rituals and habits. These are pragmatic, primal human survival strategies that strengthen us in times of pain and mourning.



CHRISTINE FLECK-BOHAUMIL-ITZKY
When Children Grieve
ISBN: 978-3-8436-0792-6
Patmos

Children grieve not only when a person or a pet dies, but also the loss of a stuffed animal or when a friend moves away. The author describes in a sensitive, competent and helpful way how to help children deal with such losses.



KATRIN BRUNNER / PETRA PAUL
Grief
ISBN: 978-3-8436-1213-5
Patmos

This extraordinary travel guide describes the six typical mourning phases as landscapes full of special characteristics. In a compact form, it offers information on what is worth perceiving and what is good for the soul.

Those who mourn are permeable for the other world

- ▶ With many methods and instructions
- ▶ Helpful for people in mourning and supportive of bereavement counsellors
- ▶ QR codes for the guided exercises



In People who mourn often feel a lasting connection with the beloved deceased, experiencing this world and the world beyond as permeable. Flor Schmidt takes this spiritual dimension seriously since she has personally experienced the universal healing love: Everything exists under one sky and is permeated by the same energy. In “Desert Rain,” she offers a concept and many techniques – such as energetic healing, meditation, breath and EFT to strengthen the spiritual potential. She encourages readers and shares concrete exercises that enable them to take steps through the desert of grief towards new happiness.

FLOR SCHMIDT

Desert Rain

Through Your Grief to New Vitality:
Helpful Experiences and Tools

ISBN: 978-3-8436-1445-0

Patmos

Hardcover

208 pages

14 x 22 cm

€ 26.00

FLOR SCHMIDT is an expert on medicinal plants and grief counsellor. She offers herbal seminars, holds lectures and directs JugendLichter (Youth Lights), a discussion group for parents who have lost an adolescent child. She lives with her family in the middle of a lush garden in Freiburg. www.flora-schmidt.de



By the same author:

FLOR SCHMIDT

Getting Through Grief with Medicinal Plants

ISBN: 978-3-8436-1377-4

Patmos

Medical plants that can simultaneously strengthen the body and touch the soul in times of grief. We learn about the message and significance of these plants, as well as experience their beneficial effects in the grieving process. 20 medicinal herbs are presented with a short profile and their therapeutic and traditional healing effects.



SOPHIA WEIXLER

I Breathe Hope

Psalms Beyond Violence and Abuse

ISBN: 978-3-8436-1438-2 | Patmos | Hardback with ribbon | 160 pages | 13 x 21 cm | € 20.00

Psalms for life

Sister Sophia Weixler has had her language restored to her by the Psalms after she experienced spiritualized and sexualized abuse of power. She has rewritten the Psalms of the Bible in her own words. By writing and praying, she felt her way back into life and to God. She summoned the strength and courage to break through the paralyzing silence and stand upright once again. Her prayer texts reveal how much abuse hurts people – but also how lamenting and hoping in God's presence can become a source of new life.

MARIE KORTENBUSCH

How God Made Me

Catholic – Queer – #OutInChurch

ISBN: 978-3-8436-1447-4 | Patmos | Hardcover | 112 pages | 14 x 22 cm | € 16.00

Believers dare to come out

Lesbian and a committed Catholic? Still a struggle today, this was especially true in the 1980s when there were hardly any words for queer identity and no acceptance whatsoever. Marie Kortebusch writes about doubts, struggle and hope: Rooted in Catholicism and committed as a religion teacher, discriminated against by society and the Church, she experiences solidarity in a Dutch house community and the queer community of Münster. She also draws strength from her relationship with God and her love of wife Monika Schmelter for more than 40 years. Despite everything, she refuses to give up her Church. Her book provides deeper insights.



MARIE-PASQUALE REUVER

Sprinkle Glitter on It!

Stories of Encounters with God in Everyday Life

ISBN: 978-3-8436-1443-6 | Patmos | Hardcover | 160 pages | 14 x 22 cm | € 20.00

Discovering God in everyday life

In short texts, the author describes where we can find God in what is seemingly banal. She tells of the miracle that Jesus knew where the nearest Aldi was, where she encounters the confrontation between good and evil in fantasy literature and how tough discussions can be used as an exercise in gratitude. Sometimes funny, sometimes thoughtful – but always with depth – the stories are a treasure trove for those desiring a grounded faith.

Personal steps for coping instead of just recipes

- ▶ Experienced life companion



Crises are part of every individual and social life experience: Loss, illness, disability, mental illness, professional upheaval, separation – all of these are experienced in vastly diverse ways. As a result, the focus of this book is on personal life crises as the starting point for various perspectives: What is behind crises, what “faces” do they have and what essential questions do they raise? What can offer an important (new) orientation in crises? Reports on personal experiences give the book a high degree of authenticity. However, this is not about causing consternation. Instead, the individual crisis situations become open for questioning and impulses that serve readers in reflecting on and dealing with their own crises.

JOSEF EPP

When Everything Turns Out Differently

Between Shock and a New Orientation: What Supports Me in Times of Crises

ISBN: 978-3-8436-1444-3

Patmos

Hardcover

144 pages

14 x 22 cm

€ 19.00

JOSEF EPP, born in 1957, is religion teacher, hospital pastor and lecturer in the field of adult education. The widowed father of three children lives in Allgäu.



By the same author:

JOSEF EPP

Protecting and Strengthening Myself

ISBN: 978-3-8436-1211-1

Patmos

Stressful situations in the family, at work and due to volunteer activities: This pushes many people to their limits. When tension becomes the dominant attitude towards life, it endangers the individual's health. It is crucial to strengthen the personal powers of resistance. Josef Epp provides encouraging suggestions for healthy self-care of both the body and the soul.



WERNER SCHWANFELDER

Easter

Based on a True Story

ISBN: 978-3-8436-1431-3 | Patmos | Hardcover with ribbon | 64 pages | 12 x 17 cm | € 12.00

Easter story told in a new way

Sometimes you can almost see Werner Schwanfelder bouncing a bit on his knees and lightly snapping his fingers when he retells the events from Jesus' entry into Jerusalem to the appearance of the risen Christ in a fast, rhythmic staccato. The boundaries between then and now become fluid. He brings the old familiar story into a closer focus and makes it seem surprisingly new. In its pocket-size format, this book is a friendly companion from Maundy Thursday to Easter Monday.



HANNELORE DIERKS
We Young Seniors

ISBN: 978-3-8436-1399-6

Patmos

Hannelore Dierks takes loving looks at herself and fellow human beings as if through a kaleidoscope: Even a tiny turn reveals unexpected facets. In short texts, she tells of the transition to retirement, reflects on social prejudices against seniors and ventures a sensitive confrontation with her own past.



SARAH VECERA
How Did Jesus Become White?

ISBN: 978-3-8436-1352-1

Patmos

From the beginning, the Church was intended for all people. But it still also has racist structures, which white people usually don't even notice. Sarah Vecera draws attention to these structures and explains how every person can do something against them.



NIKLUIAS KUSTER /
NADIA RUDOLF
I Inner Depths – Boundless Expanse

ISBN: 978-3-8436-1363-7

Patmos

Like hardly any other variety of Christian spirituality, the Franciscan spirit stands for joy in life and love of Creation. This book is suitable as an introduction to Franciscan spirituality, as well as for committed people who desire impulses in everyday life.



ALINA PFEIFER
Heaven Meets Earth

ISBN: 978-3-8436-1263-0

Patmos

Who am I, who do I want to be and where do I want to go? Poetry-slammer Alina Pfeifer takes us along on her search for answers to the big and little questions of life. She writes sensitively about losses, the struggle with the state of the world and her relationship to God.



MARIA HAGENSCHNEIDER
Enough Is Enough!

ISBN: 978-3-8436-1224-1

Patmos

The abuse and cover-up scandal has shaken the Catholic Church to its foundations. The Synodal Path is intended to change something. This much is clear for the author: a renewal can only succeed when women in the Church are given their rightful place.



NOTKER WOLF
There Is Also Another Way

ISBN: 978-3-8436-1262-3

Patmos

In this book, Notker Wolf tells of his experiences and encounters. In an entertaining way, he reflects on the use of power and the growth of authority among the monks – and not only there. It includes an outlook on leadership "after Corona."



ANSGAR WUCHERPFENNIG
How Did Jesus Want Eucharist?

ISBN: 978-3-8436-1302-6

Patmos

People gathered for meal celebrations in the early days of Christianity. These celebrations had different forms and yet were connected in unity. Today, the role of women, ministry and ecumenism must be rethought.



PIERRE STUTZ
I Will Be a Seeker All My Life

ISBN: 978-3-8436-1357-6

Patmos

Pierre Stutz presents 150 meditations that have evolved over a longer time period from the daily moments of reflection in a life book of a very personal nature. It encourages readers to consider the expansiveness and depths of life.

What we owe animals

- ▶ Trendy topic of animal welfare and animal rights
- ▶ Trenchant overview of all perspectives
- ▶ With an article by Jane Goodall



For a long time, the culture imprinted by Christianity regarded human beings as the “crown of creation.” From their own superiority, they derived an almost unrestricted right to use animals. However, the Bible speaks about animals as “fellow creatures.” What does this mean for today? Is the oppression and liberation of animals comparable with other forms of oppression and liberation? Bernd Kappes explores the questions of a responsible treatment of animals and brings the Biblical-theological, philosophical, scientific, ethical and political perspectives into a conversation with each other, getting to the point in an easily understandable approach. This is a book for everyone who no longer supports the barbarity of industrial animal use and wants to pursue the issue from a Christian perspective. With an article by Jane Goodall.



Also available:

EUGEN DREWERMANN
The Immortality of Animals: Kinship of All Life
 ISBN: 978-3-8436-1379-8
 Patmos

According to traditional Christian teachings, the human being takes precedence over the animal. Does this mean that animals are just transitory useful beings that are intended to serve humans? In his famous essay, Eugen Drewermann revises this viewpoint.

BERND KAPPES

Fellow Creatures

Treatment of Animals from a Christian Perspective

ISBN: 978-3-8436-1413-9

Patmos

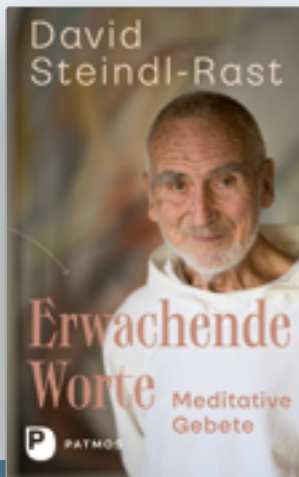
Hardcover

224 pages

14 x 22 cm

€ 24.00

BERND KAPPES is a Protestant theologian and pastor. He is the deputy director of the Protestant Academy Hofgeismar and member of the board of trustee for the Institute for Theological Zoology in Münster.



DAVID STEINDL-RAST

Awakening Words

Meditative Prayers

ISBN: 978-3-8436-1427-6 | Patmos | Hardcover with ribbon | 144 pages | 13 x 21 cm | € 18.00

Incisive impulses for open spirituality

David Steindl-Rast is a world-renowned spiritual teacher who draws on both Christian sources and the practice of Zen. In his new book, he presents 55 short meditations on individual words such as “breath” and “time,” “spectre” and “magic power.” They are all based on his own reflections about poetic texts ranging from Brentano to Rilke and Trakl, from which Steindl-Rast selects a word and takes it with him into silence. Not only the Creation’s objects and living beings, but also the words (of the poet) live from a mystery that can awaken in the stillness. The book is designed with vignettes from the author’s journals.



LUKAS KIEMELE

I, the World and the Meaning of Everything

ISBN: 978-3-8436-1394-1

Patmos

Lukas Kiemele succeeds in showing us the significance of philosophical considerations for our everyday actions. This is an easy-to-read examination of the youthful search for individuality, identity and self-realization, as well as the values that give us meaning in a challenging time.



MARIA ANNA LEENEN

Being Alone: Lifestyle – Challenge – Opportunity

ISBN: 978-3-8436-1396-5

Patmos

More than 27 years ago, Maria Anna Leenen made the decision to be alone. Since then, she has lived as a recluse and become familiar with many facets of seclusion. She discusses her experiences in this book, in the form of a diary, during the course of an entire year.



HELMUT SCHLEGEL

In the Silence I Hear Your Steps

ISBN: 978-3-8436-1334-7

Patmos

This book describes encounters with God in a person’s everyday life. These are encounters where we only see who we were dealing with in retrospect. It tells of situations and occasions where great things happen in a small space.



MARTIN KÄMPCHEN

My Life in India

ISBN: 978-3-8436-1368-2

Patmos

Martin Kämpchen has immersed himself in the religious, cultural and social life of India like no other contemporary. He is well-known as reporter as well as translator. This is the story of an extraordinary life and insights into Indian life from a close-up perspective.



KATHARINA SCHRIDDE

You Have Afflicted Me

ISBN: 978-3-8436-1228-9

Patmos

In trauma therapy, Katharina Schridde experienced peace and expansiveness behind all of her brokenness. Based on her own experiences, she answers the question if traumatic experiences are related to faith to other affected people and therapists.



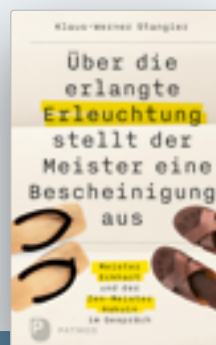
BRIGITTE DORST

Everything Begins with Longing and Searching

ISBN: 978-3-8436-0922-7

Patmos

Sufism is often referred to as Islamic mysticism. Brigitte Dorst describes a contemporary Sufi path in which insights and methods of C.G. Jung’s Analytical Psychology are connected with the rich legacy of Sufism.



KLAUS-WERNER STANGIER

The Master Issues a Certificate on Achieved Enlightenment

ISBN: 978-3-8436-1158-9

Patmos

This book brings Meister Eckhart, original representative of Christianity, into conversation with Hakuin, well-known Japanese Zen Master. This book provides information and inspires us.



SYLVIA WETZEL

High as the Sky, Deep as the Earth

ISBN: 978-3-8436-1369-9

Patmos

This book shows, when we turn inwards and discover our own inner wealth, holistic growth can happen. Many exercises help gain clarity and develop abilities that can help us to cope with difficult parts of our path in life

Eastern wisdom for Western everyday life

- ▶ 45 meditations on key quotations from Buddhism
- ▶ By the well-known Buddhist teacher Sylvia Wetzel



After a short and incisive introduction to Buddhism, the well-known Buddhist teacher Sylvia Wetzel interprets 45 key Buddhist wisdom texts for today. The quotations – by Buddha but also later Buddhist teachers – illuminate various aspects of the Buddhist path and cover a broad, alphabetically sorted range of topics: from poverty and gratitude to peace and hope, compassion and meaningfulness to tolerance, wisdom and doubt. In addition, seven simple exercises enable readers to better absorb the Buddha's advice. This is a book of timeless wisdom that helps people to get a more realistic view of themselves and the world, as well as live more compassionately and wisely.

SYLVIA WETZEL

Pearls of Buddhist Wisdom

Meditations from A to Z

ISBN: 978-3-8436-1440-5

Patmos

Hardcover

128 pages

12 x 19 cm

€ 16.00

SYLVIA WETZEL is publicist and Buddhist meditation teacher. She trained in the Tibetan tradition and was a Buddhist nun. Since 2000 she works in continuing education for psychotherapists together with Luise Reddemann. She has published several books.



By the same author:

SYLVIA WETZEL

Awakening and Redemption

ISBN: 978-3-8436-1075-9

Patmos

In this unique book, Sylvia Wetzel interprets Christian symbols, images and terms from a Buddhist perspective. Her benevolent, respectful and unconventional view of Christianity encourages readers to rediscover what is familiar and allow themselves to be touched by the deep dimensions of both religions.



ANDREA SCHWARZ

When You Run Out of Places, the Longing for Home Remains

A Story of Escape Back Then – and Today?

ISBN: 978-3-8436-1434-4 | Patmos | Hardcover | 128 pages | 13 x 21 cm | € 15.00

With first-hand experiences by Ukraine refugees

After both of her parents died, Andrea Schwarz found a notecase made of leather patches from a Danish internment camp for German refugees in her mother's estate and set out to trace her parents' history. This is story about war, flight and expulsion, as well as the longing for the homeland. At the same time, this story is about more than the fate of her German parents: It involves every individual's longing for a homeland – a place where a person can be at home. This book is a plea for shaping our world in such a way that no one – for whatever reason – must leave or flee from his or her homeland.

ANDREA SCHWARZ/SISTER
ULRIKE DIEKMANN**Discovering Life**

ISBN: 978-3-8436-1346-0

Patmos

The days before Easter are a time to do something good for yourself: "detox" your soul and "discover" something new. This book invites you to do this with impulse texts and practical tips, photos and free pages for your own thoughts.

HILDEGARD GOSEBRINK
**Hildegard of Bingen: The
World Is Full of Light**

ISBN: 978-3-8436-1401-6

Patmos

Hildegard Gosebrink presents Hildegard of Bingen's life to us and explores the fields in which she worked as a universal genius: her access to the Bible, her thinking in images, her idea of God and God's love and human beings with their virtues.

ANNETTE HEIZMANN
The Hildegard Code

ISBN: 978-3-8436-1209-8

Patmos

Based on the deep knowledge of the original writings, Annette Heizmann makes Hildegard of Bingen's worldly wisdom accessible for modern people: She presents nine paths for renewing and strengthening the body, soul and mind.

STEFAN JÜRGENS
On Familiar Terms

ISBN: 978-3-8436-1367-5

Patmos

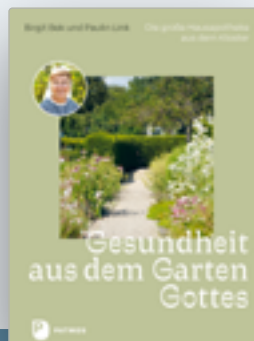
This little school of prayer was created through requests by many people who have not yet been able to or could no longer pray, with whom Stefan Jürgens was allowed to search for ways to pray – whether in seminars or as spiritual guidance.

Sold: ItalianSTEFAN JÜRGENS
From Magic to Mysticism

ISBN: 978-3-8436-1036-0

Patmos

Stefan Jürgens describes how he found his way to an adult faith: not because he is good but because God is good. The author follows the tracks of ministerial development, as it is also expressed in the Bible.

Sold: ItalianBIRGIT BEK / PAULIN LINK
Health from God's Garden

ISBN: 978-3-8436-1383-5

Patmos

Knowledge about the healing powers of nature was researched in many convents and used in caring for the sick. Sister Birgit Bek, a trained expert for medicinal plants, has revived this convent tradition and presents the wealth of her knowledge.

GISBERT GRESHAKE
Walking

ISBN: 978-3-8436-1041-4

Patmos

Walking is vital, not only in regard to physical health. This book is a spiritual invitation to walking. Gisbert Greshake, theologian and passionate hiker, encourages the reader to take the first step, with which every path begins.

Sold: Italian, SpanishPETER MÜLLER
Pilgrimage In Everyday Life

ISBN: 978-3-8436-1389-7

Patmos

For all of us who can't or don't want to go on a pilgrimage, this at-home guide offers enriching alternatives. Experience ten weekly themes with rituals, spiritual impulses and encouraging stories. This book makes it possible to have pilgrimage days at home.

The Ways of St. James in Germany

- ▶ By the author of “Pilgrimage Craze”
- ▶ Trendy topic of pilgrimage in Germany
- ▶ Entertaining and informative



The Way of St. James gathers believers, sceptics and seekers not only in Spain, but increasingly also on the various pilgrimage routes in Germany. Jörg Steinert, author of “Pilgrimage Madness,” has set out again and shares his tours and experiences through words and images. This time, he is on the road – sometimes together again with the Muslim women’s rights activist Seyran Ateş – walking the German pilgrimage routes: the Via Imperii, the Via Regia (Ecumenical Pilgrimage Route), the Mosel-Camino, the Upper Franconian and the Upper Swabian Way of St. James, the Munich Way of St. James and route variations in Brandenburg and Saxony. This book is for those who go on a pilgrimage by foot or reading about it.

JÖRG STEINERT

Pilgrimage at Home

The Ways of St. James in Germany:
Stories from the Road

ISBN: 978-3-8436-1381-1

Hardcover

192 pages

14 x 22 cm

€ 22.00

JÖRG STEINERT, born in Zwickau in 1982, has a degree in political science and is manager of the Lesbian and Gay Association Berlin-Brandenburg. He initiated signs to mark the Way of St. James through Berlin as European Cultural Itinerary.



By the same author:

JÖRG STEINERT Pilgrimage Craze

ISBN: 978-3-8436-1197-8

Patmos

The Way of St. James is one of the great adventures of our age. Jörg Steinert reports on his personal experiences on the various Ways of St. James in “Pilgrimage Craze.” In an entertaining way, he describes why the Way of St. James has an addictive effect on people.



INA PRAETORIUS / UTA MEIER-GRÄWE

Care

How Care Work Is Revolutionizing the Economy

ISBN: 978-3-8436-1441-2 | Patmos | Softcover with flaps | 160 pages | 13 x 21 cm | € 19.00

The world's household is in disarray!

Care work – doing the housework, raising children, caring for the sick, nurturing friendships for the sake of social and global togetherness – is “systematically relevant” and should become the focus of economic theory and practice. The authors criticise an economic system that ignores the “unpaid sector” and an economy that still revolves around what affluent people can afford. The authors demand a change in this thinking: They view care work and nature as the starting point for future-oriented economic development.



GESINE SCHWAN
Why I Do Not Give Up Hope

ISBN: 978-3-8436-1450-4
Patmos

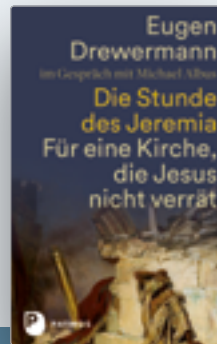
Gesine Schwan is one of the brightest minds in Germany's political, scientific and cultural life. In a conversation with Holger Zaborowski, she gives a very personal perspective on the experiences that she has had with faith in challenging times.



MARTIN WEBER
Companion in the Darkness

ISBN: 978-3-8436-1392-7
Patmos

Martin Weber is one of the pioneers of hospice work and palliative medicine in Germany. He spent many years working and fighting for palliative medicine to become a natural part of the medical field. In this book, he tells of his experiences in dealing with death and his encounters with the dying.



EUGEN DREWERMANN
The Hour of Jeremiah

ISBN: 978-3-8436-1250-0
Patmos

We experience the collapse of everything that has constituted the “strength” of the Catholic Church as a monarchical system. Eugen Drewermann's diagnosis is: This is the hour of the Biblical prophet Jeremiah, who proclaimed a new image of God.



EUGEN DREWERMANN/
MARTIN FREYTAG
The Mystery of Jesus of Nazareth

ISBN: 978-3-8436-1080-3
Patmos

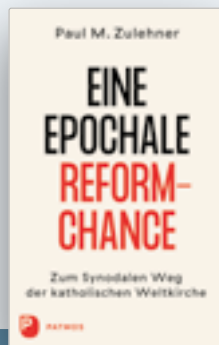
The questions Eugen Drewermann answers in this book have been asked by students in religion class. Their teacher interviewed the well-known author on their behalf.

Sold: French

EUGEN DREWERMANN/
MARTIN FREYTAG
God, Where Are You?

ISBN: 978-3-8436-1210-4
Patmos

Eugen Drewermann responds to questions asked by students in religion class. Their teacher collected the young people's questions, which were answered in an understandable way by the well-known author.



PAUL M. ZULEHNER
An Epochal Opportunity for Reform

ISBN: 978-3-8436-1359-0
Patmos

The author launched survey that follows the Pope's lead. Ideas to synodalisation were collected, elements of a theology and spirituality in a synodal Church were explored. The findings have been incorporated into this volume.



PAUL M. ZULEHNER
Anxious Confidence

ISBN: 978-3-8436-1303-3
Patmos

An international online survey in ten languages has gathered opinions on what moves people in the corona crisis. The religion and values researcher Paul M. Zulehner presents the results of the study and interprets them in the sense of pastoral theology.



KARL-JOSEF KUSCHEL
In the Flow of Things

ISBN: 978-3-8436-1042-1
Patmos

Hermann Hesse and Bertolt Brecht are both world-famous writers of the 20th century. A dialogue with Buddha and Lao Tsu, has found expression in the works of both. This exciting study provides surprising insights into the 20th century.

A Life for Dialogue

- ▶ Personal insight into the encounters of his life



KARL-JOSEF KUSCHEL
I Learn Through Encounters
 Life in Dialogue with Literatures
 and Religions

ISBN: 978-3-8436-1376-7
 Patmos
 Softcover with flaps
 232 pages
 14 x 22 cm
 € 26.00

Karl-Josef Kuschel is a Germanist and theologian. He researched and taught as Professor for the Theology of Culture and Interreligious Dialogue for many years in Tübingen. His numerous publications reflect the two passions of his academic life: The first is the dialogue with other religions such as Judaism and Islam, as well as Asia's religions. The second is the search for traces of the religious in literature and its authors.

For his 75th birthday, a volume of conversations with the journalist Matthias Drobinski will be published. In this book, Karl-Josef Kuschel talks about the most influential encounters of his life – with people, books and places on his travels in the world of religions and literatures. As a contemporary witness, he gives insights into German history after 1968 but also into personal and private matters. His struggle in the religious critique of modernity is simultaneously an extraordinary analysis of the “religious situation” of our age.

KARL-JOSEF KUSCHEL, born in 1948, is a professor of Catholic Theology at the University of Tübingen, Germany, where he teaches theology of culture and interreligious dialogue. Through his numerous books he has become familiar to a wide public. His works have also been translated into several languages.



By the same author:

KARL-JOSEF KUSCHEL
Magical Places
 ISBN: 978-3-8436-1391-0
 Patmos

Karl-Josef Kuschel nearly spent his whole life focusing his attention on literature and its poets: personally as well as during his scientific research and teaching. His new book is neither an autobiography nor a non-fiction book on literature but better – it's both.



SABINE MEGHARIA / AMINAH SALAHO /
SUHILA THABTI-MEGHARIA / SARA ZORLU (Eds.)

Out of the Shadows

Muslim Women Reveal How They Really Live

ISBN: 978-3-8436-1432-0 | Patmos | Hardcover | 160 pages | 12 x 19 cm | € 20.00

Muslim women talk about their life and faith

They have converted or already grew up in the Muslim faith, wear headscarves or have decided against them, have studied or could only attend primary school: 40 Muslim women of various generations and professions invite you to get to know them quite personally beyond the clichés about “Muslim women.” The articles paint a colorful, diverse picture of the life and faith of modern Muslim women in German-speaking countries.



MARTIN WALSER
We Would Rather Dream It All Than Say It

ISBN: 978-3-8436-1258-6
Patmos

This book of conversations between Martin Walser and Michael Albus was created at the author's request. Martin Walser talks about what still matters and what no longer matters after a long and fulfilled life.



ULRICH LUZ
The New Testament for Beginners

ISBN: 978-3-8436-1095-7
Patmos

“Normal” men and women, Catholics and Protestants read the New Testament, asked critical questions and had objections. The result: a “reader-proof” book with information on Jesus, early Christianity and writings of the New Testament.



KLAUS MERTES
Breaking Through the Cycle of Failure

ISBN: 978-3-8436-1349-1
Patmos

This much is clear for Klaus Mertes: As long as the primary goal is to regain credibility, all efforts to come to terms with the sexual abuse at the Canisius College in Berlin came to light in 2010 will be counterproductive.



MICHAEL KORTH
Values

ISBN: 978-3-8436-1254-8
Patmos

Michael Korth portrays almost 200 values ranging from mindfulness to reliability. In a pointed and entertaining way, he tells about the origins and reasons for values, how we can recognize them and their effects, why they are important and why there are sometimes even fun.



MICHAEL N. EBERTZ
Disempowerment

ISBN: 978-3-8436-1266-1
Patmos

In this book, Michael N. Ebertz describes existential caesuras and analyses the background and context of the Church's disempowerment – and outlines the direction of possible paths into a future in four theses.



FRANZ ALT
After Corona: Reshaping Our Future

ISBN: 978-3-8436-1319-4
Patmos

We= learned much during the Corona pandemic. Franz Alt encourages us: We can reshape our future if we combine our intellectual insights and emotional forces, rethink our lives, allow new feelings and take innovative of actions.



HUBERTUS HALBFAS
Table Fellowship

ISBN: 978-3-8436-1360-6
Patmos

Hubertus Halbfas follows the references to how Jesus sat at the table with women and men, with Pharisees, “tax collectors and sinners” and talked about his hope for the “Kingdom of God” using the parable of the Great Banquet.



MICHAEL BLUME
Conspiracy Theories

ISBN: 978-3-8436-1286-9
Patmos

Michael Blume analyses the cultural and psychological backgrounds of conspiracy theories and explains how they “work”. Due to his experiences from various encounters, he provides advice on how to keep cool and deal with conspiracy theorists.

The Longing Remains

- ▶ Renowned Muslim philosopher and writer
- ▶ Art of living from experience, poetry and faith
- ▶ Social media and television presence



In times of many crises, both the longing for security and experience of perpetual change are increasing. The Muslim theologian and philosopher takes a radically serious stance on the experience that life remains elusive – and reveals what is good about this. He finds traces of life’s wisdom in traditional texts and poetry, as well as in television series of the current pop culture. This is about the pain that life inevitably brings with it and moments of blessing that can become “God’s moments.” The insight into God’s unavailability does not seal the longing but creates it in the first place.

AHMAD MILAD KARIMI
Maradona and the Divine Game
 Why the Essential Stays Elusive

ISBN: 978-3-8436-1412-2

Patmos

Hardcover with ribbon

128 pages

13 x 21 cm

€ 15.00

AHMAD MILAD KARIMI, born in Afghanistan, is a German philosopher of religion and Islamic scholar. He is Professor for Islamic Philosophy and Deputy Director of the Centre for Islamic Theology Münster. As the author of a German-language translation of the Koran, he is also a writer and publicist. Since 2022, he has hosted the “Sternstunde Religion” (Shining Hour of Religion) in Swiss Radio and Television (SRF).



Also available:

MICHAEL BLUME
Retreat or Crusade?

ISBN: 978-3-8436-1332-3

Patmos

There are growing minorities that believe themselves in the sole possession of the truth. The religious scholar and media ethicist Michael Blume shares surprising and illuminating observations on the struggle for the path of believers in the 21st century.



HUBERT PHILIPP WEBER

Triune

Understanding the Christian Belief in God

ISBN: 978-3-7867-3328-7 | Grünewald | Hardcover | 192 pages | 14 x 22 cm | € 22.00

Who is God – and how many are there?

No one can explain God. We can only explain what believers imagine when they say “God.” There is a wide range of concepts, but not all of them are convincing. This “doctrine of God” begins with the modern secular doubt about God and arguments of atheists, who strictly deny that God exists. What else can be said about “still” believing in – even a specific individual – God, ascribing attributes to and even relying on this being? This book explores the places where people experience God, which could become the new narrative sites for the doctrine of God.



GEORG LANGENHORST
In Dialogue with Poetry

ISBN: 978-3-7867-3332-4
Grünewald

Georg Langenhorst is the first person to provide an extensive overview of Kuschel's approach, his individual developments and the breadth of his work. The author shows how theologians treated literature before Kuschel publicized his methodology – and what constitutes his paradigmatic new approach.



THOMAS SÖDING
Travelling Together

ISBN: 978-3-7867-3317-1
Grünewald

Thomas Söding has accompanied the Synodal Way of the German Church with much dedication from the start. His articles on the tasks, processes and objectives of a necessary renewal of the Church have been collected in this book. The Bible scholar has a special perspective on this situation.



REGINE KATHER
The Promise of Increased Quality of Life

ISBN: 978-3-7867-3295-2
Grünewald

While the limited AI only replaces individual human services and has no consciousness, transhumanism aims for the optimization and evolutionary further development of the human species. One of the crucial problems within this context is the relationship of body and spirit.



ANDREAS BENK
Christianity, Anti-Semitism and Shoah

ISBN: 978-3-7867-3319-5
Grünewald

Creation theology has radical consequences for life. Andreas Benk has developed a visionary version of creation theology based on liberation theology as an alternative to global injustice, thereby overcoming its focus on conflict with natural sciences.



STEFAN KNOBLOCH
Ambiguous Faith

ISBN: 978-3-7867-3296-9
Grünewald

Faith is related to life, life of individuals with everyday worries, doubts and uncertainties. This results in ambiguous diversity, which isn't a sign of deficiency but of search. This book encourages to engage with this ambiguity of faith and regain trust.



MARGIT ECKHOLT
Moved by the Spirit

ISBN: 978-3-7867-3277-8
Grünewald

In this book, Margit Eckholt invites readers to engage with the scriptural texts in order to walk the synodal paths on their own with trust and courage – to be “moved by the spirit”.

Sold: Italian



WALTER CARDINAL KASPER
Renewal from the Source

ISBN: 978-3-7867-3273-0
Grünewald

According to Walter Kasper, a response to the crisis of tradition in church Christianity requires more and different approaches than just superficial modernizations. This volume contains previously unpublished essays on renewal from the origin.



NORBERT RECK
Jesus the Jew and the Future of Christianity

ISBN: 978-3-7867-3180-1
Grünewald

Ever since the Enlightenment, there has been a deep rift between church doctrine and critical studies of the Bible. The author proposes how the discovery of Jesus the Jew can lead to a new future of Christianity.

Looking beyond Church despair

- ▶ Breaking away from Church-related hopelessness
- ▶ Strengthening the ability to discern in current crises
- ▶ Renowned author of many non-fiction and specialist books



Giving an account of what is essentially important for faith in God and not being caught up in the present despair about the Church: This is the great challenge that people of faith are currently facing because the “churchification” of the Biblical faith in God has reached its end.

For Jürgen Werbick, the liberation of faith from the constraints of a self-referential belief administration system is indispensable – and it has already started in many cases. What must not be allowed to fall by the wayside in this process? What should be understood in a new, more Biblical and more humane way? What must be left behind in this process of breaking away? What has been falsified by the Church? And what is now coming to the fore in a new way?

This encouraging book shows what today’s Christianity is essentially about as an ongoing challenging perspective of hope for human beings.

JÜRGEN WERBICK

Christianity: Can It Go Away?

Faith in Times of Church Fatigue

ISBN: 978-3-7867-3329-4

Grünwald

Hardcover

240 pages

14 x 22 cm

€ 28.00

JÜRGEN WERBICK, Doctor of Theology, is Professor Emeritus for Fundamental Theology at the University of Munster, Germany. The task of his field is examining the question of how faith can be justified before reason and how it is even possible to say anything about God. He has written many publications on these and related topics.



By the same author:

JÜRGEN WERBICK

Against False Alternatives

ISBN: 978-3-7867-3258-7

Grünwald

Polarizations increasingly dominate social, church-related and theological discourses and work with exclusionary alternatives. Author Jürgen Werbick traces and confronts this strategy of in examinations of the church and theology.

Sold: Italian

SONJA MARSCHALL

Lotte and the Little Chemo Manikins

ISBN: 978-3-8436-1182-4 | Patmos | Hardcover with dust jacket | 36 pages | 19 x 23.5 cm | € 14.00

**How can I explain the disease of cancer in a child-friendly way?**

About 1,800 children are diagnosed with cancer every year in Germany alone. These are 1,800 affected families with parents, siblings, grandparents, relatives, friends, neighbors, colleagues, classmates and children in the same preschool. This book of encouragement is written and drawn for all of them. The young author of this sensitively illustrated family book draws on advice from experts at several university hospitals on how to explain to children starting at four years about what happens in a case of cancer, what courses it may take and how it can be treated



SABINE WALDMANN-BRUN
Jojo Rosepetal and the Trip in the Balloon

ISBN: 978-3-8436-1138-1

Patmos

Jojo Rosepetal knows stories from the Bible and invites the children Felix and Mia to a night-time trip in his balloon! This is a night full of adventures, in which they learn something about reconciliation, peace, diversity and why God is with every person who has sorrow.



ALBERT BIESINGER & SARAH
My Children's Bible

ISBN: 978-3-8436-0954-8

Albert Biesinger tells the stories of the Bible in a new way, along with his granddaughter, Sarah. They both discover: God is always with us, every day. This is a wonderful gift for big and little people from six years and up.

Sold: German audio rights

MARTINA STEINKÜHLER
You Are Welcome!

ISBN: 978-3-8436-0896-1

Patmos

This baptismal Bible gently leads children into the world of Christian faith. It illustrates opportunities to speak about God, and introduces more than 20 Biblical stories. This book is like a seed from which faith can grow!



MARTINA STEINKÜHLER / ANNE FRÖHLKE
The Story of the Good King

ISBN: 978-3-8436-0671-4

Patmos

Many children are not familiar with the Lord's Prayer, or they don't understand what they mean. This picture book tells the story of God the good king in an entirely new way – and very simply.



JOCHEN WEEBER
What on Earth Is Wrong with Gisbert?

ISBN: 978-3-8436-0701-8

Patmos

Gisbert feels very comfortable in his skin. One day he hears two hyenas whispering behind his back and suddenly feels smaller! This continues until Gisbert finally knows what's wrong.

Sold: English (World), French

JOCHEN WEEBER
Henrietta Feels the Wind

ISBN: 978-3-8436-0881-7

Patmos

Henrietta has three favorite things: computer games, computer games. Until one day a ball flies through her window, and she meets Ollie, Paul, and Louise. They take her to a fascinating place ... outside!

Sold: Lithuanian

PETRA FIETZEK
Everything Is Different for Lulu Now

ISBN: 978-3-8436-0521-2

Patmos

Everything is just fine in Lulu's world. But suddenly, nothing is the way it used to be. That makes Lulu sad and very angry. This book helps children cope with radical changes in their lives, such as death or divorce.



ANNETT STÜTZE / BRITTA VORBACH
Grandpa, What Color is Death?

ISBN: 978-3-8436-0953-1

Patmos

Grandpa rabbit feels that it will be his last spring. That's why he decides to talk about death with the little rabbit. In the end, the little rabbit knows that grandpa will always be in his heart.

Stories for the First Communion

- ▶ Lovingly illustrated
- ▶ Unusual and interactive story
- ▶ A gift of lasting value



The communion children Sofie and Paul and their dog Lilly are surprised to find themselves in Israel at the time of Jesus. They wander together with Jesus and his disciples, meet blind Bartimaeus, eat with Zacchaeus and talk with Jesus about God. They have the experience that Jesus is a real friend upon whom they can always rely.

A lovingly illustrated gift book for the First Communion.

PETRA STADTFELD

Sofie, Paul and Lilly Walk with Jesus

A Divine Story for First Communion Children

ISBN: 978-3-8436-1340-8

Patmos

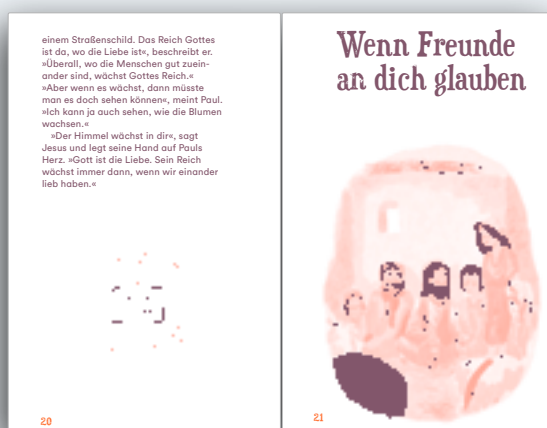
Hardcover

72 pages

12 x 19 cm

€ 12.00

PETRA STADTFELD works as a spiritual and retreat companion at the Diocese of Trier. She accompanies people on their path of life and faith, as well as organizing retreats for groups. She is the author of many Christian-spiritual books.





RAINER HAAK
A Thousand Stars in the Night Sky
 Christmas Stories of Our Time

ISBN: 978-3-86917-958-2 | Eschbach | Hardcover | 144 pages | 13 x 21.3 cm | € 20.00

Christmas mood

Rainer Haak's Christmas stories are set in our time, among people as we know them. The stories tell about how even today at Christmas people see the light, a star can become a gift and a friendly encounter can turn into an angel... Rainer Haak gets us in the mood for Christmas!



RAINER HAAK
Monsieur Jaque's Gift
 ISBN: 978-3-86917-600-0
 Eschbach

Rainer Haak introduces us to Monsieur Jacques, a loveable bon vivant. He tells short stories from everyday life or unusual encounters in his diary. They all express a special worldly wisdom that involves the love of life.



DORIS BEWERNITZ
Little Mr Lu Chi in Paradise
 ISBN: 978-3-86917-913-1
 Eschbach

You simply have to like little Mr Lu Chi. He's 70 years old, modest and well-versed in life. As curious as a child, he has his very own view of the world and human existence: How much wisdom fits into a sack? What does a heart have in common with a piece of cheese? Where is paradise?



DORIS BEWERNITZ
Little Mr Lu Chi
 ISBN: 978-3-86917-841-7
 Eschbach

Little Mr Lu Chi, 70 years old and modest, with plenty of life experience and curious as a child, has his very own view of the world. His everyday and astonishing, whimsical and loving wisdom, not only helps you to see beyond the horizon.



EVA MUTSCHER
Visit from the Little Queen
 ISBN: 978-3-86917-912-4
 Eschbach

The Little Queen knows how to turn the days into friends. She simply gives them names, which allows her to become the ruler of her own realm. She also has a few tricks on how to more easily succeed in life. This feather-light story is full of worldly wisdom and happiness.



EVA MUTSCHER
Konrad in the Land of Seven States of Mind
 ISBN: 978-3-86917-837-0
 Eschbach

Konrad sets off on a quest: to find a special state of mind so that he can succeed in living his dream. This is a poetic tale about setting off and arriving – about contentment and happiness.



EVA MUTSCHER
The Secret of the Little Sadness
 ISBN: 978-3-86917-601-7
 Eschbach

In a humorous way, this little story tells about an unexpected discovery and a special kind of worldly wisdom: Those who do not turn sadness away from their doorstep leave the door open for joy in life.



DAGMARA DZIERZAN
The Town Watchman of Minimonomongau
 ISBN: 978-3-86917-797-7
 Eschbach

The town watchman of Minimonomongau takes his task seriously. Not everyone is allowed to enter. Especially not those without papers. But on a cold night, two figures suddenly stand in front of the gate...



MAX BOLLIGER
Miracles Happen Very Quickly
 ISBN: 978-3-86917-566-9
 Eschbach

In twenty-four short stories, Max Bolliger witnesses Christmas from the perspective of the shepherds, the animals, the small and the weak, allowing us to experience the miracle at the heart of Christmas more truly.

Happiness In everyday life



Rainer Haak's stories and poems open eyes and hearts to the wonders of completely ordinary life. Caught in their everyday struggles and worries, many people have no time to search for happiness. The good news is that happiness hasn't gone into hiding: It's already here and just waiting to be discovered.

RAINER HAAK

My Life Sparkles Wonderfully

Stories and Poems about Happiness
in Everyday Life

ISBN: 978-3-98700-004-1

Eschbach

Hardcover

112 pages

12 x 19 cm

€ 12.50

RAINER HAAK worked as a waiter, book dealer, pastor, concert organiser and tour operator before he became one of the most successful book authors in the German-language region with more than 9 million books sold.



By the same author:

RAINER HAAK

Bird's-Eye Views

ISBN: 978-3-86917-683-3

Eschbach

Listen to a bird and imagine that It sings only for you! Rainer Haak's inspiring wishes invite you to take a new look at your own life. His poems encourage you to have open eyes for life's diversity and an open heart for all the friendship and love.



JANA EISERT

Ayurveda

Simple & Vegetarian Cooking for Body, Mind and Soul

ISBN: 978-3-7995-1590-0 | Thorbecke | Hardcover | 216 pages |
19 x 23.5 cm | € 34.00

Ayurveda cuisine for a stress-free and healthy life

Jana Eisert has first-hand experience of how stress can affect a person's health. But thanks to Ayurveda, her health problems are now a thing of the past. The trained Ayurveda nutritionist now shares her knowledge about healthy eating and dealing with stress in her book. Readers can take a test to find out which digestive type they are and what stresses them the most – and then start cooking: simple vegetarian recipes from around the world ranging from Grandma's Pointed Cabbage and Lentil Stew to Ayurvedic Red Berry Compote to Mung Bean Curry and Pumpkin Chilli Pasta.



JULIA RADTKE

My Vegetarian Family Meals

ISBN: 978-3-7995-1575-7

Thorbecke

Everyday family life is colorful, full of hustle and bustle – and sometimes even stressful. Keeping track of a healthy and balanced diet is not always easy. Blogger and mother Julia Radtke shows how easy it is to serve uncomplicated, quick and varied meals with less than 7 ingredients.



CAROLIN JAHN

From the Garden to the Plate

ISBN: 978-3-7995-1545-0

Thorbecke

In her book, the author shares tips on how readers can easily grow their own vegetables and which plants make good neighbors in the bed. Her recipes show how to get through the year with a variety of seasonal fruit and vegetables and how to prepare tasty preserves.



CAROLINE PRITSCHET

Happy & Healthy

ISBN: 978-3-7995-1546-7

Thorbecke

Instead of stress and career, the author focused on mindfulness, yoga and meditation, combined with a plant-based diet. In this book, she shares her best everyday recipes and provides background knowledge on how we can have healthier lives in the long run with a mindful attitude.



LYNN HOEFER

Heavenly Healthy

ISBN: 978-3-7995-1291-6

Thorbecke

With her creative recipes, Lynn Hoefler shows the ease of healthy nutrition entirely without industrial products, refined sugar and gluten. Her book is more than just a cookbook: it's an attitude towards life.



LYNN HOEFER

Simply Heavenly Healthy

ISBN: 978-3-7995-1442-2

Thorbecke

Lynn Hoefler shows how healthy food can be simply and quickly integrated into everyday life. With some preparation but a minimal amount of effort, it's easy to have a healthy diet. And quite incidentally, it's possible to save the world a little bit in the process.



BIRGIT FAZIS

Everything from One Platter

ISBN: 978-3-7995-1435-4

Thorbecke

Cheese platters, colorful antipasti, tapas and mezze boards, brunch trays, dessert platters and many other delicacies from the platter are conquering the culinary world. The snack platters are totally uncomplicated and can be mad in a flash.



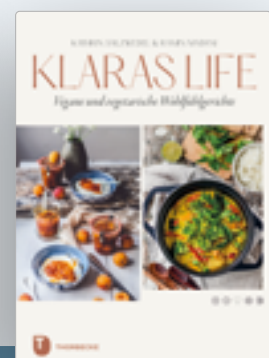
BIRGIT FAZIS

Bread & Honey

ISBN: 978-3-7995-1475-0

Thorbecke

In a hectic world, "Bread & Honey" is an invitation to celebrate the diversity of regional and seasonal foods. This book is a declaration of love for the genuine good life and at the same time a plea for more serenity in the kitchen.



KATHRIN SALZWEDEL/RAMIN

MADANI

Klara's Life: Vegan and Vegetarian Wellness Dishes

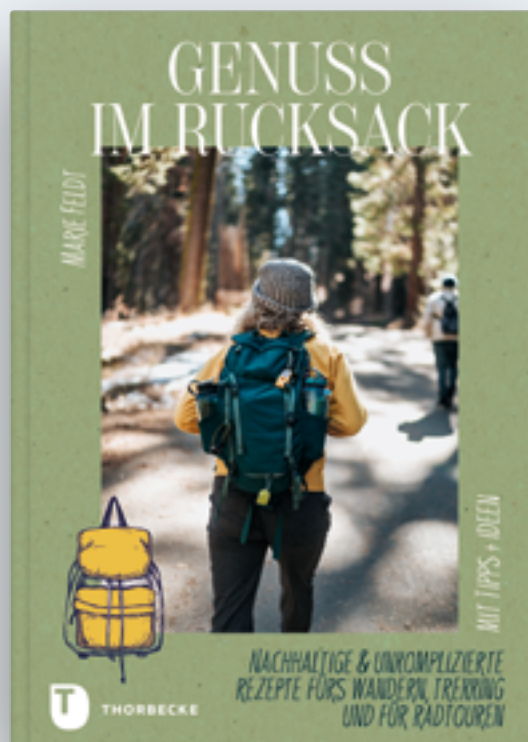
ISBN: 978-3-7995-1474-3

Thorbecke

Klara's Life presents the best recipes for the autumn-wintery trend topic of vegan and vegetarian comfort food. The author duo shows how simple it is to shop and cook in a healthy way.

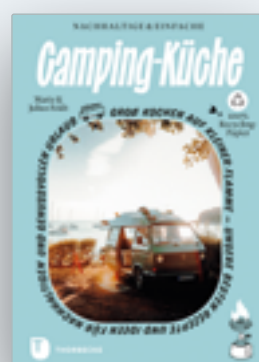
The best recipes for your hiking provisions

- ▶ Simple, quick recipes for trips and hikes
- ▶ With packing lists, hiking tips and hints for environmentally friendly trekking tours
- ▶ Interesting facts about wild herbs, berries and zero waste in the mountains



In Increasingly more people are finding relaxation and balance through hiking, bicycle trips or trekking. Whether in the Heath, the Eifel or the Alps – a good, fortifying snack should always be included. Homemade Energy Balls or Muesli Bars for the last few metres to the peak, Courgette Parmesan Thalers or Wraps with Hummus and Grilled Eggplant at a picnic, quick Risotto with Wild Herbs or One Pot Pasta with dried vegetables when spending the night in nature: These recipes for your hiking provisions are anything but boring!

Simple, quick recipes for trips and hikes with packing lists, hiking tips and hints for environmentally friendly trekking tours – plus interesting facts about wild herbs, berries and zero waste in the mountains.



By the same author:

MARIE AND JULIUS FELDT
Sustainable and Simple Camping Cuisine

ISBN: 978-3-7995-1551-1

Thorbecke

We love the short and long escapes with our camper into nature. We feel that cooking while camping is a relaxed communal experience that ranges from picking berries to shopping at the market and stick bread by the fire. We put together simple recipes that do without exotic ingredients and still spread holiday flair.

MARIE FELDT

Enjoyment in Your Backpack

Sustainable & Uncomplicated

Recipes for Hiking, Trekking and
Cycling Tours

ISBN: 978-3-7995-1981-6

Thorbecke

Flexcover

152 pages

17 x 24 cm

€ 25.00

MARIE FELDT lives near Tübingen, Germany. Already in their student days, they learned to appreciate and love travelling in a VW bus. Julius is a primary school teacher. Marie is self-employed and can do her job in the IT sector partly from the van office. As a result, they also have time for long trips during the school holidays – whether to the Pyrenees, the Italian coast or Greece. From their trips, they have not only brought back the influences of Mediterranean country cuisine but also tips and tricks for travelling sustainably and conserving resources.



Kitchen Herbs with Enjoyment

Best Recipes and Interesting Facts on Varieties, Cultivation and Care

ISBN: 978-3-7995-1563-4 | Thorbecke | Hardcover with ribbon | 184 pages | 23 x 27 cm | € 34.00

A portrait of the most popular kitchen herbs and how to enjoy them

Kitchen herbs add their unique aromas to many dishes, look decorative and usually also have curative effects. But what else can you do with herbs besides putting them in a salad dressing or using them as a decorative garnish? And what should you keep in mind when growing and caring for them – whether on the windowsill or outside in a bed? In herb portraits, gardening expert Andreas Barlage shows what you need to know about the green spice wonders. The modern recipes will whet your appetite for trying out new things with herbs.



JULIA CAWLEY/VERA SCHÄPER/
SASKIA VAN DEELEN
Cold Days & Green Food
ISBN: 978-3-7995-1532-0
Thorbecke

Being outside on chilly winter days, enjoying the natural world and then coming home to a warm soup already waiting on the cooker. Pure happiness! This book tells of these special moments in the cold season and the joys of good food that lets us feel warm and cozy.



At the Table in Paris
ISBN: 978-3-7995-1574-0
Thorbecke

Imagine strolling in Paris along the Seine while taking breaks at street cafés and bistros. The Boeuf Bourguignon and Crème Brûlée awaken memories of these beautiful days. With typical recipes, our cookbook invites readers to take a culinary stroll through Paris.

Sold: English (World)



FRANK WINTER
Sauces, Dips and Marinades
ISBN: 978-3-7995-1533-7
Thorbecke

Frank Winter presents his best recipes for barbecuing: Marinades and rubs come into play before cooking the meat and fish. Afterwards, the stars are aroma butter and oil, BBQ sauces and ketchups.



FRANK WINTER
MarmelaMania
ISBN: 978-3-7995-1284-8
Thorbecke

Who actually decides what is allowed in marmalade and what is not? No one, according to Frank Winter. The result of his marmalade experiments are extraordinary creations, into which herbs, dark beer, gin, cocoa or red beets have wandered at times.



ANDREA NATSCHKE-HOFMANN
Delicious Baking for Cold Days
ISBN: 978-3-7995-1525-2
Thorbecke

As soon as it gets colder, we feel a stronger desire for delicious baked goods, the scent of cinnamon and warm cakes. And baking is simply the most fun during this season. This book is a collection of recipes for cold days.



JUTTA SCHNEIDER /
ULRIKE SCHNEIDER
Baking Your Own Breads Made Simple
ISBN: 978-3-7995-1522-1
Thorbecke

Ulrike and Jutta Schneider show how simple it is to bake good and wholesome bread and rolls on your own. Clearly organized according to rising time, there's something here for everyone.



SILKE ROTHENBURGER-ZERRER
Natural & Sustainable
ISBN: 978-3-7995-1531-3
Thorbecke

We all know how important it is to live sustainably, avoid plastic and produce less waste. Silke Rothenburger shows us how we can do this in an uncomplicated way with her small, creative projects for the bathroom, kitchen, living room and garden.



ANDREAS BARLAGE
How Does the Louse Get on the Leaf?
ISBN: 978-3-7995-1479-8
Thorbecke

Andreas Barlage answers many questions around the garden, disproving old wives' tales and myths from the plant world in an engaging and entertaining way thanks to extensive knowledge.
Sold: Korean

What you always wanted to know about native and exotic animals

- ▶ Interesting, entertaining and personal writing style
- ▶ Answers to strange questions from the animal world
- ▶ Beautifully illustrated with historical animal pictures



Why doesn't the woodpecker get a headache? How is the guinea pig related to "guinea"? How do penguins live in the tropics? Animal lover Benjamin Haller answers these and many other fascinating questions about birds, fish, reptiles and mammals from all parts of the world, as well as our favorite pets. He has collected the most interesting and strangest questions – and obviously also their answers – for this book. They are accompanied by beautiful nostalgic illustrations.

BENJAMIN HALLER

Gassy Herrings and Chilli-Fearing Elephants

Interesting Facts & Curiosities from the World of Animals

ISBN: 978-3-7995-1597-9

Thorbecke

Hardcover

168 pages

13 x 21 cm

€ 24.00

BENJAMIN HALLER, born in 1995 in Stuttgart, grew up with animals. In addition, visits to the Wilhelma Zoo were among the highlights of his childhood. He discovered his passion for literature towards the end of his school years, which is why he went on to study the German language and literature. He now works as an author, copywriter and editor. With this book, he was able to combine his two main areas of interest – nature and animals, as well as reading and literary writing – which allowed him to fulfil a big wish.



Also available:

ANDREAS BARLAGE

How Do Roots Know Where Down Is?

ISBN: 978-3-7995-1330-2

Thorbecke

Andreas Barlage answers many questions around the garden, disproving old wives' tales and myths from the plant world in an engaging and entertaining way thanks to extensive knowledge from his own garden practice.

Sold: Korean

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Senefelderstr. 12
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www.verlagsgruppe-patmos.de