

Rights List

Fall 2023

PATMOS
ESCHBACH
GRÜNEWALD
THORBECKE
SCHWABEN
VER SACRUM

The publishing group that
captures the spirit of life

Dear friends and colleagues,

We are delighted to present to you our new rights list for Fall 2023 and would like to invite you to find out more about the latest titles as well as strong backlist titles of our imprints

Patmos – Thorbecke – Grünewald – Eschbach – Schwaben – Ver Sacrum

Our list offers a wide range of titles, covering psychology, self-help, memoirs, parenting, spirituality, religion and theology, as well as gift books and children's books for First Communion.

Our imprint Thorbecke specializes in books on cookery, lifestyle and gardening, on the one hand, as well as books on history and cultural history, on the other hand.

To find out more about our authors, titles and agents, please visit our new foreign rights website at <https://www.verlagsgruppe-patmos.de/rights>. In the Foreign Rights section, you can browse our rights list online or select individual titles from different categories. A click on the category will show you all the titles available. With a click on the title, you will be able to view English summaries, key selling points, up-to-date information on rights sold as well as biographies of our authors, illustrators and photographers. Also, there are information sheets, synopses and sample translations available for download.

Please don't hesitate to contact us if you would like to receive advance materials, reading copies or any further information on our titles and upcoming co-editions.

We hope you enjoy browsing our catalogue and look forward to hearing from you!

With best wishes,
Foreign Rights Department

Luisa Bošnjak
lizenzen@verlagsgruppe-patmos.de
t: +49 711 4406 148
f: +49 711 4406 177

Verlagsgruppe Patmos in der Schwabenverlag AG
Senefelderstr. 12
73760 Ostfildern
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CONTENTS

Memoir	4
Parenting	6
Self-Help	8
Analytical Psychology	10
Loss & Grieving	12
Christian Living	14
Religion & Spirituality	18
Religion & Society	22
Theology	26
Children's Books	30
Gift Books	32
Cooking	34
Home & Garden	39
Our Agents	40



KAROLINE ROSCHER-LAGZOULI

The Woman Beyond the Veil

My Path into Salafism and Back Out Again

ISBN: 978-3-8436-1356-9 | Patmos | Hardcover | 176 pages | 14 x 22 cm | € 19.00

A look behind the scenes

After growing up as an atheist, Karoline Roscher-Lagzouli converted to Islam in her twenties due to a lifelong fascination with Islam. For several years, she was part of a conservative Salafi community. In this autobiography, she tells about her life in the community, the conflicts with her family, her “awakening” and her continuing search for an authentic expression of her faith that is appropriate for her. As a devout Muslim and feminist, she wants to have her say in current debates instead of just listening when others talk about her.



ILKA BRÜHL

Beautiful In a Different Way

ISBN: 978-3-8436-1255-5

Patmos

Ilka Brühl looks different. She was born with a facial cleft. As a child, she was berated as a witch. As a young woman, she withdrew from the world. Her path to more self-confidence was long and rocky, but it was worth it. She has turned her special appearance into a trademark.



DÖRTE MAACK

How to Build a Castle from Ruins

ISBN: 978-3-8436-1260-9

Patmos

Dörte Maack leads the life of a dazzling circus performer until she's diagnosed with an eye disease. She makes two plans: A: Not become blind. B: If she does, take her own life. After hitting the bottom, she suddenly feels ground beneath her feet. Plan C begins to mature.



CHRISTINA HECKE

Let's Be Honest

ISBN: 978-3-8436-1218-0

Patmos

Human beings are connected with each other and with all of life. Actress Christina Hecke poignantly describes what effects this glimpse behind our lives can have in a very concrete way: privately and professionally, socially and globally.



ELENA PIRIN

My Lion Cub

ISBN: 978-3-8436-0767-4

Patmos

Leo does just fine, just not at the pace that development tests and society expect. Elena Pirin loves her son above everything, but sometimes she is discouraged by the difficulties that everyday life entails.

Sold: Korean

SABINE MEHNE

The Great Departure

ISBN: 978-3-8436-0834-3

Patmos

Dying doesn't have to be a deadly serious thing. After Sabine Mehne had a near-death experience, the thought of death no longer makes her worry. On the contrary, she now feels dying has to do with freedom, luminance, and yes, even joy.



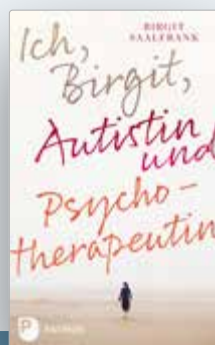
NORA-MARIE ELLERMAYER

Life Fog

ISBN: 978-3-8436-1063-6

Patmos

Burnout and depression can affect anyone. For psychotherapist Nora-Marie Ellermeyer, suddenly, nothing works anymore. She plunged into a deep dark depression that lasted for more than a year.

Sold: Korean

BIRGIT SAALFRANK

I, Birgit, Autist and Psychotherapist

ISBN: 978-3-8436-1117-6

Patmos

An autistic psychotherapist? When Birgit Saalfrank was diagnosed, her world fell apart. But she learns to accept herself and now leads a happy life – even if it means giving up her profession.



ANDY HOLZER

My Everest

ISBN: 978-3-8436-1093-3

Patmos

In May 2017, mountain climber Andy Holzer who has been blind since birth caused a sensation: he reached the summit of Mount Everest, which meant fulfilling his greatest dream. In this book, he describes his spectacular expedition to the Roof of the World.

Dementia: When moments are enough

- ▶ For relatives of people with dementia
- ▶ A declaration of love to life
- ▶ Ulrich Schaffer's most personal book



Ulrich Schaffer tells the story of a great love – despite his partner's dementia – in thoughtful prose, poems and sensitive black-and-white photos. He describes their happy days and concludes with ageing, as well as a creative approach to dementia and dying. The book shows a person's dignity and beauty, even in weakness. Ulrich and Waltraud had been married since 1965 when she died in November 2021. The book tells how dementia brought the two together again in a completely new way. It reveals the preciousness of every single moment in life and takes away the fear of dying. This is a sensitive, encouraging book for those who live with a demented person and learn what it means to simultaneously hold on and let go.



Also available:

SIGRID TSCHÖPE-SCHEFFLER

I Used to be a Snazzy Bird, But Now I'm a Lame Duck

ISBN: 978-3-8436-1233-3

Patmos

The open-minded and humorous lady this book is about seized the opportunity of living with her caregivers for a personal and cultural exchange. This resulted in strange and wonderful stories that show how even a care situation can be lively and enriching.

ULRICH SCHAFFER

With You, Without You: Our Life Together with Dementia

ISBN: 978-3-8436-1439-9

Patmos

Hardcover with ribbon

288 pages

14 x 22 cm

€ 28.00

ULRICH SCHAFFER emigrated to Canada with his parents 70 years ago when he was ten years old. For the past 25 years, he has lived in Gibsons on the Pacific Coast – a town that can only be reached by ferry. He has published more than 200 books and large photo calendars. Through social media and more than 55 book tours over the last 45 years, he has remained loyal to his German-speaking community of readers. As a writer and photographer, he focuses on the major topics of spirituality (life), relationship (love) and beauty (creation) at home and while travelling around the world.



CLAUS KOCH
Education to Open-Mindedness

Zoe's Story

ISBN 978-3-8436-1361-3 | Patmos | Hardcover | 184 pages | Format 14 x 22 cm | € 20.00

A splendid plea for autonomy, tolerance and open-mindedness

This book doesn't give any tips on how to raise children but uses the form of a novel to describe how a child grows into the world and develops curiosity and understanding. Zoe's story follows stages that are important in terms of developmental psychology. In the appendix, the author gives his readers the opportunity to read insights from modern infant research, developmental psychology and attachment theory in Zoe's childhood and adolescent experiences.



CLAUS KOCH
Children of Separation

ISBN: 978-3-8436-1108-4
Patmos

Based on the latest scientific studies, the author outlines perspectives on how parents and their children can best cope with a separation or divorce. This approach allows the courage and confidence for a new and happy life to develop once again.



JOSEPHINE SCHWARZ-GERÖ
A Dad Is Not a Mom

ISBN: 978-3-8436-1092-6
Patmos

While the role of the new mother is clear, there are many questions in the part of the father. Josephine Schwarz-Gerö explains how a father can fulfil his role in a way that is good for everyone. This makes it possible to resolve conflicts and dissatisfaction.

Sold: Romanian



FELICITAS RÖMER
Chill Out, Mom!

ISBN: 978-3-8436-0528-1
Patmos

Even if it isn't always "easy", there's no reason to panic about puberty. With lots of practical tips, Felicitas Römer describes how parents can make it through their children's puberty with ease. So when the kids command you to "Chill out!", you can calmly answer, "I'd be glad to!".



RITA STEININGER
When Little Dragons Spit Fire

ISBN: 978-3-8436-1188-6
Patmos

When children turn into little dragons it costs parents a lot of energy and nerves. By using games, exercises and tips that apply to everyday situations, the author shows how parents can intercept their children's fits of rage and steer them into more constructive channels.



RITA STEININGER
The Basics of Fighting Fairly

ISBN: 978-3-8436-0468-0
Patmos

The author uses typical examples and concrete tips to demonstrate how parents can guide their families toward respectful coexistence. You can master conflict with your children without yelling or punishments.



HEINZ-PETER RÖHR
How I Can Help my Child Gain Strong Self-Esteem

ISBN: 978-3-8436-0995-1
Patmos

Röhr shows how parents can recognize negative inner workings of their children and how they can deal in a helpful way. It is possible to strengthen children's self-esteem so they can cope with life!

Sold: Czech



JOSEPHINE SCHWARZ-GERÖ
Baby, Why Won't You Eat?

ISBN: 978-3-8436-0033-0
Patmos

When a baby doesn't want to eat, parents worry about the well-being of their child. Their desperate attempts to get their baby to eat often trap them in a vicious cycle, although the baby knows what the solution is!

Sold: Italian



CHRISTINE RANKL
How to Soothe Your Baby

ISBN: 978-3-8436-0060-6
Patmos

Babies who cry a lot often leave their parents feeling helpless and frustrated. Christine Rankl explains the various causes for severe crying in babies and provides useful advice to parents.

Sold: Chinese (simplified), Italian, Latvian

Why children want to be raised

- ▶ Encouragement for insecure parents
- ▶ With many examples from everyday family life



“Mum, if you don’t want me to do that, then forbid it!” When children say something like this, it’s clear that something is going wrong in their upbringing. And this is: Many parents no longer actively raise their children. They prefer to have their children as equal partners, from whom they can also get support for themselves. They fear losing the children’s love if they ask them to do something unpleasant and let them decide everything on their own. However, it is important that parents give their children stability and a secure basis. Children who are pushed into the adult role are overwhelmed and suffer from what is called “parentification” in psychological jargon. Elisabeth Raffauf shows what parents require so that they can accept their parental role and what children need from their parents. Parents do not always have to do everything right. But only when they clearly stand by their responsibility and don’t become buddies with their children can they give them what they need to grow up: love, support and orientation.



By the same author:

ELISABETH RAFFAUF
**They Don't Just Do Nothing:
 They Lie There and Grow**

ISBN: 978-3-8436-1019-3

Patmos

This book reminds readers of their own chaos years and helps understanding today’s young people in their conflict be-tween need for affection and rebellion, as well as exploring the role of the parent in a new way.

Sold: Korean

ELISABETH RAFFAUF

Just Raise Us!

What Children and Adolescents
 Need from Their Parents

ISBN 978-3-8436-1322-4

Patmos

Softcover with flaps

184 pages

Format 14 x 22 cm

€ 19.00

ELISABETH RAFFAUF, a certified psychologist, leads group discussions for parents of adolescents, for young girls and for children of divorced parents. She works for the educational show »Herzfunk« on West German Television’s (>WDR«) series »Lilipuz« and belongs to the advisory team of the children’s news program »Logo« on Germany’s Channel 2 (>ZDF«). She is the author of many educational books as well as brochures for Germany’s Federal Center for Health Education. Elisabeth Raffauf is the mother of a daughter and two sons.



UDO RAUCHFLEISCH
Understanding Transgender People
 A Guide for Relatives, Friends and Colleagues

ISBN: 978-3-8436-1484-9 | Patmos | Paperback | 192 pages | 14 x 22 cm | € 20.00

What can you do if your male friend is suddenly a female friend?

Nothing seems as certain as the difference between the genders. As a result, there is much uncertainty when the long-standing colleague Mr. Müller wants to be addressed as “Ms. Müller” from now on. And what do you do when your own son announces that he is a woman? How do you explain to your children that mom is suddenly a dad? Psychotherapist Udo Rauchfleisch helps relatives, friends and colleagues of transgender people to understand the phenomenon of trans identity and encounter these people without any fear of contact.



UDO RAUCHFLEISCH
Living (and Loving) with Borderline Personality Disorder

ISBN: 978-3-8436-0636-3

Patmos

Psychotherapist Udo Rauchfleisch helps friends and partners of people with borderline disorder to understand this serious psychological illness and gives concrete suggestions.



JOSEF GIGER-BÜTLER
What is Depression Really?

ISBN: 978-3-8436-1374-3

Patmos

In this book, the author takes a clear stand against the picture of depression painted in society and the medical field: We need a holistic perspective on depression and depressed individuals since depressive behavior is not pathological but learned. It can therefore also be unlearned.



ELLEN SPANGENBERG
Trusting Life Again

ISBN: 978-3-8436-1455-9

Patmos

Ellen Spangenberg gives comprehensive information on the consequences of sexual violence, discusses the latest treatment possibilities and shares tested methods of self-help. This book does not replace therapy but helpfully accompanies the affected women on their path to healing.



IRMTRAUD TARR
Letting Go

ISBN: 978-3-8436-1457-3

Patmos

This book encourages us to ask ourselves some questions: Why is it so hard for me to let go? How could I learn to let go of problems in everyday life? At the same time, it also has some unusual, thought-provoking and practical ideas for the answers to these questions.



CLAUDIA DUWE
Trusting the Future Again

ISBN: 978-3-8436-1295-1

Patmos

“Lion Times” is what Claudia Duwe calls crisis phases. But Lion Times are also times in which the lion appears as a mentor and power animal. Many active exercises make it possible for readers to embark on their own lion’s journey to transform pain.



CHRISTIAN FIRUS
When the World Falls to Pieces

ISBN: 978-3-8436-1458-0

Patmos

The author describes what helps in everyday life against fear, as well as what we can do to look more confidently towards the future. This book helps in discovering the opportunities of fear and gives advice.



CHRISTIAN FIRUS
What We Gain When We Do Without

ISBN: 978-3-8436-1253-1

Patmos

Doing without what is superfluous is what we need to be happy. This approach offers a path to better health, more freedom and greater personal development. Christian Firus takes the reader on a surprising journey.



KERSTIN FRIEDRICH
No Sport Also Isn't a Solution

ISBN: 978-3-8436-1321-7

Patmos

All of us “actually” want to do more sport, feel fit and have a healthier life. But we are often too comfortable. There are just thousands of excuses. Kerstin Friedrich, a couch potato herself, only got into sport at age 60 as a result of a bet and has stuck with it.

Constructive arguing

- ▶ Learning to argue for couples and parents
- ▶ By bestselling author Guy Bodenmann
- ▶ With many case studies and exercises



GUY BODENMANN
You Should Quarrel!
 How Conflict Empowers Couples
 and Their Children

ISBN: 978-3-8436-1433-7
 Patmos
 Paperback
 176 pages
 14 x 22 cm
 € 20.00

Conflicts are part of every relationship. They can even be beneficial if they are addressed openly and resolved together. But if disturbing issues are repeatedly swept under the carpet, this is harmful for the couple – and for the children. Guy Bodenmann conveys three main messages to couples: (1) disturbing issues should be addressed, (2) this should be done at an early stage and not just when many negative emotions have built up and (3) the outcome depends on the way in which this is done.

Using illustrative case studies, the experienced couple therapist and relationship researcher describes various conflict patterns and their effects on the couple and the children. His book offers many practical hints and concrete tips on how couples can recognise and change their destructive conflict behaviour – for the well-being of the children and to preserve their love for each other.

DR. GUY BODENMANN is a Professor of Psychology at the University of Zurich and works as a couples therapist and trainer. His work and research focusses on couples/families, as well as the prevention of relationship disorders. He has published many specialist books and guides on these topics at www.paarlife.ch (in German).



By the same author:

GUY BODENMANN
Love With All Your Heart
 ISBN: 978-3-8436-1306-4
 Patmos

With the help of many exercises and concrete practical tips, couples therapist and partnership researcher Guy Bodenmann shows how couples can strengthen their commitment in order to survive times of crises in a good way and grow old together. This is a book that helps people sustain love and find their way to a happy relationship.



CHRISTIANE NEUEN (ED.)
Verena Kast: Life Is Relationship
 From the Self to the World

ISBN: 978-3-8436-1461-0 | Patmos | Hardcover | 192 pages | 14 x 22 cm | € 22.00

Jungian psychology for our age

The renowned Jungian analyst and psychotherapist Verena Kast has repeatedly used relatedness as the focus of her work, such as when she explains the emergence of complexes or emphasizes that individuation is a relationship process. Especially in her later works, she has illuminated current social and socio-political topics such as the phenomenon of the conspiracy narrative, xenophobia or dealing with hatred. For Verena Kast's 80th birthday, texts from her extensive works have been compiled and make it clear: Kast's psychology is a psychology of the relationship, which focuses on turning towards other people and the world.



BRIGITTE DORST
The Knowing of the Heart

ISBN: 978-3-8436-1419-1
 Patmos

In this book, the author focuses on the spiritual depth dimensions that characterize analytical psychology and differentiate it from other psychologies. The book emphasizes the key significance of spirituality in analytical psychology, which we understand as a "spiritual psychology."



BRIGITTE DORST
Resilience

ISBN: 978-3-8436-0043-9
 Patmos

Brigitte Dorst elucidates the definition of resilience from the perspective of depth psychology and explains why we need it, especially in difficult times. The experienced Jungian analyst enables readers to strengthen the resilience of their spirit.



INGRID RIEDEL
Finding a Taste for Life

ISBN: 978-3-8436-1422-1
 Patmos

Finding a taste for life – is there anything that we desire more in a person? This book is a journey of discovery through our five senses – and it simultaneously takes us on a path to (once again) finding what gives our life a meaning or a "taste" for life.



INGRID RIEDEL
Discovering the Inner World

ISBN: 978-3-8436-1372-9
 Patmos

The world of our lives is becoming more and more complex and challenging. In this book, the renowned Jungian analyst and psychotherapist Ingrid Riedel shows how exciting it is to engage with the inner reality as described and explored by the various directions of Depth Psychology.



INGRID RIEDEL
The Secret of the Second Half of Life

ISBN: 978-3-8436-1281-4
 Patmos

Ingrid Riedel uses many examples to describe how women in the second half of life discover new perspectives. Her book can encourage women between 40–70 years to open up to transformation and renewal.



VERENA KAST
Starting Anew Time and Again

ISBN: 978-3-8436-1280-7
 Patmos

In order to cope with fear and desperation, we can develop inner counterforces. We need to focus on hope and confidence – emotions that give us the strength to overcome challenges and risk creative new beginnings.



VERENA KAST
Access to Liveliness

ISBN: 978-3-8436-1308-8
 Patmos

Interest is such a "normal" emotion that it is usually not even perceived as such. But it has an enormous significance for our psyche. If interest is lacking, boredom comes into play. Interest and boredom are emotions that make us feel alive.



VERENA KAST
Aging – Always Good for a Surprise

ISBN: 978-3-8436-0736-0
 Patmos

The sometimes difficult changes of aging provide lots of new challenges. How to go about during this aging process is what the renowned Jungian analyst Verena Kast describes in this book.

Sold: Russian

What do we really know about death?

- ▶ Latest scientific findings
- ▶ Comprehensive summary of current research
- ▶ With a foreword by Pim van Lommel



The term near-death experience has become familiar to many people, yet most only have a vague idea of what it actually means. This book is intended as a type of reference work on the topic: a short and concise, yet sufficiently detailed, scientifically substantiated summary on the status of the research and possibilities of interpreting these experiences. As such, it can help not only individuals who have had a near-death experience to integrate and process it, but also physicians and staff in the health care system and hospices, as well as those who have recently lost a close relative or terminally ill patients and their families.

WOLFGANG KNÜLL

**Near-Death Experiences:
A Glimpse into a Different World**
Current Answers from Science

ISBN: 978-3-8436-1454-2

Patmos

Hardcover

208 pages

14 x 22 cm

€ 22.00



Also available:

VERENA KAST

More Time for the Soul

ISBN: 978-3-8436-1416-0

Patmos

“When we speak of the soul, we speak about being alive,” according to Verena Kast. Yet, we often have the feeling of being frozen in a soulless everyday life. The renowned Jungian analyst and psychotherapist advocates that we take more time for the soul so that vitalization can happen from within.

DR. WOLFGANG KNÜLL, MD and specialist for general medicine, worked in his own practice in Cologne until 2010. After having an experience as a doctor in an intensive care unit 45 years ago, he has been scientifically involved with the topic of consciousness in near-death experiences. Since 2016, he has been giving lectures on the topic and is involved in a continual exchange with the internationally renowned Dutch near-death researcher and cardiologist Pim van Lommel.



PETER RÖRSCH
Resonance in Grief Counselling
 The Book for the Practice

ISBN: 978-3-8436-1481-8 | Patmos | Hardcover with ribb40 | 240 pages |
 16 x 24 cm | € 28.00

Experiential knowledge of grief counselling

Grief often causes people to withdraw and fall silent. Grief counselling is intended to help people find their lost resonance and tune back into life. Resonance is necessary for this to happen: a harmonious relationship between those involved. The book includes a theoretical section that is reduced to the necessary foundations for the extensive practical part with 60 grief sessions that have various focal points.



ANTJE WENZEL-KASSMER
The World Suddenly Stands Still

ISBN: 978-3-8436-1477-1
 Patmos

This book offers helpful rituals, texts and symbols for accompanying grieving parents, especially those of Star Children. The experienced grief counselor gives suggestions and assistance for the first contact with the parents, the funeral and further accompaniment.



PETRA SUTOR
Grieving for a Star Child

ISBN: 978-3-8436-1323-1
 Patmos

When a child dies, it's a decisive turning point that accompanies most parents throughout their lives and has effects on the entire family system. This book accompanies parents of star children in an informative and warm-hearted way. It helps them to bear the unspeakable pain.



FLOR SCHMIDT
Desert Rain

ISBN: 978-3-8436-1445-0
 Patmos

In "Desert Rain," the author offers a concept and many techniques – such as energetic healing, meditation, breath and EFT to strengthen the spiritual potential. She encourages readers and shares concrete exercises that enable them to take steps through the desert of grief towards new happiness.



FLOR SCHMIDT
Getting Through Grief with Medicinal Plants

ISBN: 978-3-8436-1377-4
 Patmos

Medical plants that can simultaneously strengthen the body and touch the soul in times of grief. We learn about the message and significance of these plants, as well as experience their beneficial effects in the grieving process. 20 medicinal herbs are presented.



ANGELA KRUMPFEN /
 REGINA GROOT BRAMEL
Giving You Heaven

ISBN: 978-3-8436-1409-2
 Patmos

Angela planned to do a radio program with Regina. When Regina suddenly dies, Angela travels to the North Sea island of Amrum and puts together the book about girlfriends that they had planned to write together.



PETRA SUTOR
Mourning at the Workplace

ISBN: 978-3-8436-1212-8
 Patmos

Death and mourning are part of life, so they do not stop at the company doors. This book provides HR managers with the necessary basics for how to take appropriate action in acute cases and establish the topic of grief as part of the company culture.



NATALIE KATIA GREVE
The Little Grief Companion

ISBN: 978-3-8436-1130-5
 Patmos

When people find themselves in a situation of loss and are confronted with grief, very few know what is happening to them. Easy to read and compact, this book answers the most important questions on the topic of grief and offers support for self-help.



IRMTRAUD TARR
What Rescues Us

ISBN: 978-3-8436-1317-0
 Patmos

When we must cope with loss, we need the sources of strength that are always available to us. Irmtraud Tarr concentrates on the value of rituals and habits. These are pragmatic, primal human survival strategies that strengthen us in times of pain.

Bereavement support from A to Z

- ▶ With soothing rituals and exercises
- ▶ Alphabetical structure makes it easier to search
- ▶ Explains differences in how men and women grieve



Anyone who has lost a loved one is in turmoil since it is difficult to sort out what is happening inside. The 77 keywords and impulses that grief counsellor Thomas Achenbach has compiled in this book provide support and security for this rough terrain: From C for coping to W for weeping, he explains the spectrum of reactions that a loss can trigger. The book provides a good overview not only for people who are personally affected but also for those who wonder how they could be helpful despite their own uncertainty. Short and soothing rituals, effective exercises and impulses that invite reflection also help to establish steppingstones in everyday life that make the challenging time of grief easier again, step by step.

THOMAS ACHENBACH

The ABCs of Grief

77 Impulses and Rituals for Mourners

ISBN: 978-3-8436-1462-7

Patmos

Paperback

168 pages

14 x 22 cm

€ 19.00

THOMAS ACHENBACH is an editor, blogger and certified grief counsellor according to the standards of the German Association of Grief Counselling. As a grief counsellor, he specialises in the topic of men's grief and grief in working life. He is married and lives with his wife and child in Osnabrück. His German-language website is www.thomasachenbach.de



By the same author:

THOMAS ACHENBACH

Men Grieve Differently: What Helps and Benefits Them

ISBN: 978-3-8436-1131-2

Patmos

With the help of many examples from practice, the author Thomas Achenbach communicates comprehensive knowledge and practical tips for how grieving men can be appropriately supported in their needs.



KATRIN BROCKMÖLLER

A Sign from Heaven

The Hope of Christmas: Biblical Inspirations

ISBN: 978-3-8436-1482-5 | Patmos | Hardcover | 160 pages | 13 x 21 cm | € 18.00

The explosive power of Christmas

When Christmas is flattened into a romantic idyll, the celebration loses its original power. Not everything must remain as it is in terms of the Bible. To discover the potential of Christmas, it helps to look at the promises of the Hebrew Bible. The Old Testament speaks of great signs, justice and righteousness, healing, homecoming and peace. Christians have always placed Jesus of Nazareth and his birth within the horizon of these hopes. Katrin Brockmüller, Director of the Catholic Bible Society, shows how this can be understood to gain perspectives of confidence for our present world.



JOSEF EPP

When Everything Turns Out Differently

ISBN: 978-3-8436-1444-3

Patmos

Crises are part of every life experience: Loss, illness, disability, mental illness, professional upheaval, separation – all of these are experienced in vastly diverse ways. As a result, the focus of this book is on personal life crises as the starting point for various perspectives.



SOPHIA WEIXLER

I Breathe Hope

ISBN: 978-3-8436-1438-2

Patmos

Sister Sophia has had her language restored to her by the Psalms after she experienced spiritualized and sexualized abuse of power. She has rewritten the Psalms of the Bible in her own words. By writing and praying, she felt her way back to God.



MARIE KORTENBUSCH

How God Made Me

ISBN: 978-3-8436-1447-4

Patmos

Lesbian and a committed Catholic? Still a struggle today, this was especially true in the 1980s when there were hardly any words for queer identity and no acceptance whatsoever. Despite everything, Marie Kortenbusch refuses to give up her Church. Her book provides deeper insights.



MARIE-PASQUALE REUVER

Sprinkle Glitter on It!

ISBN: 978-3-8436-1443-6

Patmos

In short texts, the author describes where we can find God in what is seemingly banal. These are stories of encounters with God in everyday life; sometimes funny, sometimes thoughtful – but always with depth – the stories are a treasure trove for those desiring a grounded faith.



BERND KAPPES

Fellow Creatures

ISBN: 978-3-8436-1413-9

Patmos

The Bible speaks about animals as “fellow creatures.” What does this mean? This is a book for everyone who no longer supports the barbarity of industrial animal use and wants to pursue the issue from a Christian perspective. With an article by Jane Goodall.



SARAH VECERA

How Did Jesus Become White?

ISBN: 978-3-8436-1352-1

Patmos

Church was intended for all people. But it still also has racist structures, which white people usually don't even notice. Sarah Vecera draws attention to these structures and explains how can do something against them.



PIERRE STUTZ

I Will Be a Seeker All My Life

ISBN: 978-3-8436-1357-6

Patmos

Pierre Stutz presents 150 meditations that evolved over a longer time period from the daily moments of reflection in a life book of a very personal nature. It encourages readers to consider the expansiveness and depths of life.



BEATE HOFMANN

And Now Me!

ISBN: 978-3-8436-1386-6

Patmos

Beate Hofmann – who personally dared to set out on new paths – offers exercises, impulses and touching stories for an inner journey: In the process, new possibilities manifest and create an inspiring fresh start. A fulfilled life with renewed vitality is possible!

The question that concerns us all

- ▶ A declaration of love for life
- ▶ Albert Biesinger's most personal book



“Daddy, why do we come into the world if we have to die again?” Grandpa had just passed away when 13-year-old Benjamin suddenly asked his father this question at dinner. For his father, Albert Biesinger, it became “the prize question” of his life that has accompanied him ever since. His new book is an attempt to respond to (t)his question in view of his own biography. He shares the memory of situations and moments, people and encounters, joys and sorrows, borderline experiences and everyday life from the great treasure of his life – always with the question: “Is this what I came into the world for?” This is undoubtedly the most personal of Albert Biesinger’s many books, which is what makes it so inspiring. “The prize question” is definitely addressed to every human being: What meaning do I want to give to my life? How do I want to shape it? What do I want to use it for?

ALBERT BIESINGER

Why Do We Come into the World If We Have to Die Again?

Surprising Answers that Life Gives Us

ISBN: 978-3-8436-1468-9

Patmos

Hardcover

112 pages

13 x 21 cm

€ 18.00

DR. ALBERT BIESINGER is Professor Emeritus of Religious Education and Church Adult Education at the University of Tübingen’s Faculty of Catholic Theology. He is a permanent deacon, emergency chaplain and father of four children and nine grandchildren. He has published many successful books on the main topics of successful religious education.



By the same author:

ALBERT BIESINGER

Wherever Children Are, God Is Already There

ISBN: 978-3-8436-1265-4

Patmos

Perceiving and mutually experiencing God within their own family in everyday life gives children a good portion of basic trust for their lives. The coexistence of adults and children succeeds with more harmony and confidence. Albert Biesinger – father of four children and nine-time grandfather – knows what he is talking about.



STEFAN HEROK

Bless Our Nerves

The Little Book of Consolation for Strained Catholic Souls

ISBN: 978-3-8436-1479-5 | Patmos | Hardcover with book ribbon | 160 pages | 13 x 21 cm | € 19.00

The miracle against wounds

Anyone who is actively involved in a church congregation today must be tough. There is no end to the scandals, and those in power cling to their chairs. It is easy to get the impression that those who leave the church do not need to justify themselves, but those who stay do. People who participate in the Church despite all of this need resilient nerves. This book is aware of the embarrassments, but it is also about ensuring that the Church does not get exhausted in all of this.



HANNELORE DIERKS
We Young Seniors

ISBN: 978-3-8436-1399-6
Patmos

Hannelore Dierks takes loving looks at herself and her fellow human beings as if through a kaleidoscope: Even a tiny turn reveals unexpected colorful facets. In short texts, she tells of the transition to retirement, reflects on social prejudices and ventures a confrontation with her own past.



NIKLUAS KUSTER / NADIA RUDOLF
Inner Depths – Boundless Expanse

ISBN: 978-3-8436-1363-7
Patmos

Like hardly any other variety of Christian spirituality, the Franciscan spirit stands for joy in life and love of Creation. This book is an introduction to Franciscan spirituality, as well as for committed people who desire impulses in everyday life.



ALINA PFEIFER
Heaven Meets Earth

ISBN: 978-3-8436-1263-0
Patmos

Who am I, who do I want to be and where do I want to go? Poetry-slammer Alina Pfeifer takes us along on her search for answers to the big and little questions of life. She writes sensitively about losses, the struggle with the state of the world and her relationship to God.



MARIA HAGENSCHNEIDER
Enough Is Enough!

ISBN: 978-3-8436-1224-1
Patmos

The abuse and cover-up scandal has shaken the Catholic Church to its foundations. The Synodal Path is intended to change something about this. This much is clear for the author: a renewal can only succeed when women in the Church are given their rightful place.



NOTKER WOLF
There Is Also Another Way

ISBN: 978-3-8436-1262-3
Patmos

In this book, Notker Wolf tells of his experiences and encounters. In an entertaining way, he reflects on the use of power and the growth of authority among the monks – and not only there. It includes an outlook on leadership “after Corona.”



ANSGAR WUCHERPFENNIG
How Did Jesus Want Eucharist?

ISBN: 978-3-8436-1302-6
Patmos

People gathered for meal celebrations in the early days of Christianity. These celebrations had different forms and yet were connected in unity. Today, the role of women, ministry and ecumenism must be rethought.



FRANZ KAMPHAUS
Bringing Good News to the Poor

ISBN: 978-3-8436-1330-9
Patmos

In 80 chapters, published here for the first time, Franz Kamphaus provides insights into the scripture reading – especially from the Gospel of Luke – that are recited on the Sundays and holidays of the reading year.



FRANZ KAMPHAUS
God Is Coming

ISBN: 978-3-8436-1395-8
Patmos

This book offers spiritual impulses from its rich collection for the Christmas season. It pays special attention to the women and men involved in the Bible's Christmas stories. They each had their own experiences of God being present with human beings.

Kamphaus on St. Mark

- ▶ Biblical-spiritual companion for the year
- ▶ Previously unpublished texts
- ▶ Currently for Reading Year B (from 1st Advent)



The eloquent former Bishop of Limburg, Franz Kamphaus, immerses readers in his lifelong familiarity with the Holy Scriptures. His new book contains over 90 masterful interpretations of the scripture readings for Reading Year B, almost all of them previously unpublished. Usually written as sermons, they are most importantly an introduction to the Gospel of St. Mark based on the lessons of real life. They focus on Jesus, who is on the path with his followers and yet remains a mystery – close but incomprehensible and good for some surprises. Franz Kamphaus invites readers to a stimulating examination of the Gospel of St. Mark's provocations, which are challenging but rewarding for a living faith throughout the year.

FRANZ KAMPHAUS

The Stranger from Nazareth

Inspiration for the Year of St. Mark

ISBN: 978-3-8436-1472-6

Patmos

Hardcover with ribbon

288 pages

13 x 21 cm

€ 22.00

FRANZ KAMPHAUS, born in 1932, worked in the training of priests and preachers and is professor for Homiletics at the University of Münster. From 1982 until 2007 he was the Bishop of Limburg. He is now chaplain in a institution for people with mental handicaps. He has been awarded the Ignatz-Bubis-prize for Tolerance and is the author of many books.



By the same author:

FRANZ KAMPHAUS

When Faith Becomes Concrete

ISBN: 978-3-8436-1034-6

Patmos

This book contains the interpretations of Franz Kamphaus of the most important sections of the Mount. The author explores the unreasonable demands in his own special way.

Sold: Italian



DORIS ZÖLLS

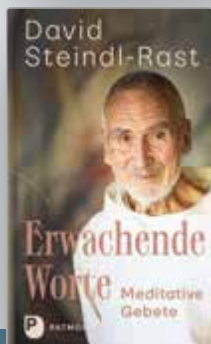
Like a Bird in Flight

Gaining Trust from the Sources of Zen with Texts of the Shinjinmei

ISBN: 978-3-8436-1478-8 | Patmos | Hardcover | 96 pages | 12 x 19 cm | € 18.00

Trust in life – the path out of resignation

Natural disasters and the world's political and economic crises, as well as perhaps our own life problems, leave us feeling disappointed and resigned time and again. What can we do about such feelings of powerlessness? The well-known Zen master Doris Zölls explores everyday reality in detail and discovers: Trust is what always guides and supports us in everything that we do as a matter of course. Once we become aware of this trust, nurture and cultivate it, we can draw on it in times of need.

DAVID STEINDL-RAST
Awakening WordsISBN: 978-3-8436-1427-6
Patmos

David Steindl-Rast is a world-renowned spiritual teacher who draws on both Christian sources and the practice of Zen. In his new book, he presents 55 short meditations on individual words such as "breath" and "time," "spectre" and "magic power."

LUKAS KIEMELE
I, the World and the Meaning of EverythingISBN: 978-3-8436-1394-1
Patmos

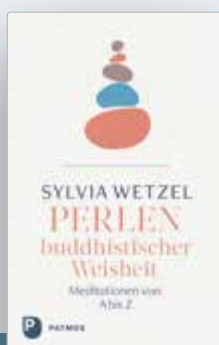
Lukas Kiemele succeeds in showing us the significance of philosophical considerations for our everyday actions. This is an easy-to-read examination of (not only) the youthful search for individuality, identity and self-realization.

MARIA ANNA LEENEN
Being Alone: Lifestyle – Challenge – OpportunityISBN: 978-3-8436-1396-5
Patmos

More than 27 years ago, Maria Anna Leenen made the decision to be alone. Since then, she has lived as a recluse and become familiar with many facets of seclusion. She discusses her experiences in this book, in the form of a diary.

HELMUT SCHLEGEL
In the Silence I Hear Your StepsISBN: 978-3-8436-1334-7
Patmos

This book describes encounters with God in a person's everyday life. These are encounters where we only see who we were dealing with in retrospect. It tells of situations and occasions where great things happen in a small space.

SYLVIA WETZEL
Pearls of Buddhist WisdomISBN: 978-3-8436-1440-5
Patmos

After a short and incisive introduction to Buddhism, the well-known Buddhist teacher Sylvia Wetzel interprets 45 key Buddhist wisdom texts for today. This is a book of timeless wisdom.

KATHARINA SCHRIDDE
You Have Afflicted MeISBN: 978-3-8436-1228-9
Patmos

In trauma therapy, Katharina Schridde experienced peace and expansiveness behind all of her brokenness. Based on her own experiences, she answers the question if traumatic experiences are related to faith to other affected people and therapists.

BRIGITTE DORST
Everything Begins with Longing and SearchingISBN: 978-3-8436-0922-7
Patmos

Sufism is often referred to as Islamic mysticism. Brigitte Dorst describes a contemporary Sufi path in which insights and methods of C.G. Jung's Analytical Psychology are connected with the rich legacy of Sufism.

KLAUS-WERNER STANGIER
The Master Issues a Certificate on Achieved EnlightenmentISBN: 978-3-8436-1158-9
Patmos

This book brings Meister Eckhart, original representative of Christianity, into conversation with Hakuin, a well-known Zen Master. This book provides information and inspires us.

Deeper Meanings from A to Z

- ▶ Follows the success of “Tests of Courage” by the same duo of authors
- ▶ Reflections from “extrasensory” to “melancholy”
- ▶ Entertaining, profound and meaningful



In hectic everyday life, we often neglect perception with all our senses. This is why the mindful use of our senses can slow things down and help us to be more alive and creative. Sincere appreciation of the senses leads to the question about the meaning of life – not only in times of crisis or strokes of fate, but fundamentally: What holds the world together at its core? Gotthard Fuchs and Irene Leicht discover traces of meaning by exploring concepts ranging from “extrasensory” to “gloomy”. They offer clever, multifaceted and profound inspirations for a meaningful and fulfilling life.



By the same author:

GOTTHARD FUCHS / IRENE LEICHT
Tests of Courage

ISBN: 978-3-8436-1324-8

Patmos

Courage is a precious commodity, especially in a time that many people experience as threatening. And courage has many faces. Gotthard Fuchs and Irene Leicht spell out various facets of this very important feeling.

GOTTHARD FUCHS / IRENE LEICHT

Traces of Meaning

Inspiration for a Fulfilled Life

ISBN: 978-3-8436-1476-4

Patmos

Hardcover with dust jacket

128 pages

12 x 19 cm

€ 15.00

DR. GOTTHARD FUCHS, Catholic priest and long-time academy director, is a pastoral counsellor and speaker. His primary focus is on issues related to Christian mysticism in the nonreligious and interreligious contemporary conversation, as well as the relationship between theology and psychology.

DR. IRENE LEICHT, a Lutheran pastor and Gestalt therapist (HPsych), has a doctorate in the field of medieval mysticism research and is interested in therapeutic-spiritual approaches.



WERNER SCHWANFELDER

Christmas

Based on a True Story

ISBN: 978-3-8436-1480-1 | Patmos | Hardcover with ribbon | 64 pages | 12 x 17 cm | € 12.00

Little big message of Christmas

The story sounds too sweet and simple: Suggesting the incarnation of God from a baby in the manger is a very bold thought. But this is precisely why retelling the Christmas story is important. Instead of long sentence constructions, this book uses simple, partially broken and incomplete word combinations – creating a new sense of reading and listening. The Christmas season offers opportunities to read this newly formulated story aloud to family and friends.



JÖRG STEINERT

Pilgrimage at Home

ISBN: 978-3-8436-1381-1
Patmos

The Way of St. James gathers believers, sceptics and seekers not only in Spain, but increasingly also on the various pilgrimage routes in Germany. Jörg Steinert has set out again and shares his tours and experiences through words and images.



HILDEGARD GOSEBRINK

Hildegard of Bingen: The World Is Full of Light

ISBN: 978-3-8436-1401-6
Patmos

Hildegard Gosebrink presents Hildegard of Bingen's life to us and explores the fields in which she worked as a universal genius: her access to the Bible, her thinking in images, her idea of God and God's love and human beings with their virtues.



ANNETTE HEIZMANN

The Hildegard Code

ISBN: 978-3-8436-1209-8
Patmos

Based on the deep knowledge of the original writings, Annette Heizmann makes Hildegard of Bingen's worldly wisdom accessible for modern people: She presents nine paths for renewing and strengthening the body, soul and mind.



STEFAN JÜRGENS

On Familiar Terms

ISBN: 978-3-8436-1367-5
Patmos

This little school of prayer was created through requests by many people who have not yet been able to or could no longer pray, with whom Stefan Jürgens was allowed to search for ways to pray – whether in seminars or as spiritual guidance.

Sold: Italian



STEFAN JÜRGENS

From Magic to Mysticism

ISBN: 978-3-8436-1036-0
Patmos

Stefan Jürgens describes how he found his way to an adult faith: not because he is good but because God is good. The author follows the tracks of ministerial development, as it is also expressed in the Bible.

Sold: Italian



BIRGIT BEK / PAULIN LINK

Health from God's Garden

ISBN: 978-3-8436-1383-5
Patmos

Knowledge about the healing powers of nature was researched in many convents and used in caring for the sick. Sister Birgit Bek, a trained expert for medicinal plants, has revived this convent tradition and presents the wealth of her knowledge.



GISBERT GRESHAKE

Walking

ISBN: 978-3-8436-1041-4
Patmos

Walking is vital, not only in regard to physical health. This book is a spiritual invitation to walking. Gisbert Greshake, theologian and passionate hiker, encourages the reader to take the first step, with which every path begins.

Sold: Italian, Spanish



PETER MÜLLER

Pilgrimage In Everyday Life

ISBN: 978-3-8436-1389-7
Patmos

For all of us who can't or don't want to go on a pilgrimage, this at-home guide offers enriching alternatives. Experience ten weekly themes with rituals, spiritual impulses and encouraging stories. This book makes it possible to have pilgrimage days at home.

Carrying pilgrimage routes in your heart

- ▶ Pilgrimage as an approach to life
- ▶ Spirituality and biography
- ▶ A different kind of pilgrimage guide



“Pilgrimage” is a trend that interests people beyond those with a church background or ties. Two and a half decades ago, Andrea Schwarz set out on the Way of St. James to Santiago de Compostela. Today she reads her pilgrimage diary and realises how the fundamental pilgrimage experiences have shaped her life since then: being on the road and looking for shelter, being on a quest and finding the unexpected, being on her own and encountering other people, arriving and saying goodbye... In retrospect, pilgrimage is not a one-time “enlightenment experience” but practicing an approach to life that involves expansiveness and trust. This book is about the longing for life – and the steps to follow this longing.

ANDREA SCHWARZ

The Longing Lives On

The Way of St. James and Life's Pilgrimage Routes

ISBN: 978-3-8436-1298-2

Patmos

Hardcover

192 pages

14 x 22 cm

€ 22.00

ANDREA SCHWARZ is trained industrial management assistant and social worker and active in Catholic community work. She lives in Emsland and supports the voluntary projects of the Mariannhiller Sisters in South Africa. Andrea Schwarz is one of the most widely read Christian writers of our time.



By the same author:

ANDREA SCHWARZ

When You Run Out of Places, the Longing for Home Remains

ISBN: 978-3-8436-1434-4

Patmos

This is a story about war, flight and expulsion, as well as the longing for the homeland. At the same time, this book is a plea for shaping our world in such a way that no one – for whatever reason – must leave or flee from his or her homeland.



MICHAEL ALBUS

Passing Through: Traces of a Life

ISBN: 978-3-8436-1473-3 | Patmos | Hardcover | 176 pages | 14 x 22 cm | € 20.00

Memories of an eventful life

The journalist and university lecturer Michael Albus has compiled his memories of an eventful life. Very personal texts alternate with astute observations of the social, ecclesiastical and political events of recent decades. The author embarks on a quest to find out what was important and what has remained – and what still needs to be done in the face of the many crises and challenges.



KARL-JOSEF KUSCHEL I Learn Through Encounters

ISBN: 978-3-8436-1376-7
Patmos

In this book, Karl-Josef Kuschel talks about the most influential encounters of his life – with people, books and places on his travels in the world of religions and literatures. As a contemporary witness, he gives insights into German history after 1968 but also into personal and private matters.



KARL-JOSEF KUSCHEL Magical Places

ISBN: 978-3-8436-1391-0
Patmos

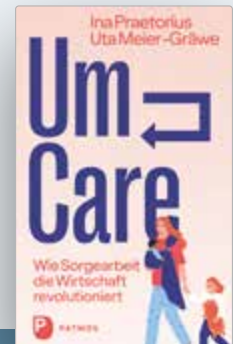
Karl-Josef Kuschel nearly spent his whole life focusing his attention on literature and its poets: personally as well as during his scientific research and teaching. This book is neither an autobiography nor a non-fiction book on literature but better – it's both.



KARL-JOSEF KUSCHEL "That We Are All Children of Abraham ..."

ISBN: 978-3-8436-1096-4
Patmos

Two world-renowned statesmen, Helmut Schmidt and Anwar as-Sadat, meet in December 1977. Karl-Josef Kuschel recorded their night-time conversation on the Nile and reveals that it was a magic moment of religious dialogue. Its message is still valid today.



INA PRAETORIUS / UTA MEIER-GRÄWE Care

ISBN: 978-3-8436-1441-2
Patmos

The authors criticize an economic system that ignores the "unpaid sector" and demand a change in this thinking: They view care work and nature as the starting point for future-oriented economic development.



GESINE SCHWAN Why I Do Not Give Up Hope

ISBN: 978-3-8436-1450-4
Patmos

Gesine Schwan is one of the brightest minds in Germany's political, scientific and cultural life. She combines analytical acumen with persistent confidence and her own convictions with great openness and a broad horizon.



MARTIN WEBER Companion in the Darkness

ISBN: 978-3-8436-1392-7
Patmos

Martin Weber is one of the pioneers of hospice work and palliative medicine in Germany. He spent many years fighting for palliative medicine to become a natural part of the medical field. In this book, he tells of his experiences.



PAUL M. ZULEHNER Dowry

ISBN: 978-3-8436-0542-7
Patmos

Paul Zulehner's biography becomes a mirror in which people engaged with the church and theology can observe themselves and recent church history in a sometimes surprising light.



PAUL M. ZULEHNER Anxious Confidence

ISBN: 978-3-8436-1303-3
Patmos

An international online survey in ten languages has gathered opinions on what moves people in the corona crisis. The religion and values researcher Paul M. Zulehner presents the results of the study and interprets them in the sense of pastoral theology.

Encouragement in the crisis-ridden challenges of our time

- ▶ Small reading segments with great power
- ▶ Includes many of the author's personal experiences



A world that forgets God becomes insensitive to suffering, according to the theologian Johann B. Metz. This concerned statement revolves around two big questions: How is the world doing today? Like the people in it? Their longings, hopes and joys, but also their suffering? And then: What is the state of God today? How much space do people allow God? What images do they have of God? Paul M. Zulehner explores these questions. Answers are contemplated in small texts that are profound spiritual miniatures. Their basic melody is that God's passion for His world is awakening in an age that smells of the Apocalypse (Roland Schwab). The author invites readers to perceive this melody and tune into it with their own involvement.



By the same author:

PAUL M. ZULEHNER
An Epochal Opportunity for Reform

ISBN: 978-3-8436-1359-0

Patmos

Paul M. Zulehner launched an intercontinental survey that follows the Pope's lead. Ideas to synodalisation were collected, elements of a theology and spirituality in a synodal Church were explored. The findings have been incorporated into this volume.

PAUL M. ZULEHNER

Passion for the World
Against Forgetting God

ISBN: 978-3-8436-1492-4

Patmos

Paperback

144 pages

12 x 19 cm

€ 19.00

PAUL M. ZULEHNER holds doctorates in both philosophy and theology and is one of the most renowned scholars in religious sociology in Europe. From 1984 until his retirement in 2008 he was a professor of pastoral theology in Vienna, Austria. His numerous publications focus especially on the sociology of religion and the church, and pastoral theology.



AHMAD MILAD KARIMI

Maradona and the Divine Game

Why the Essential Stays Elusive

ISBN: 978-3-8436-1412-2 | Patmos | Hardcover with ribbon | 128 pages | 13 x 21 cm | € 15.00

The Longing Remains

In times of many crises, both the longing for security and experience of perpetual change are increasing. The Muslim theologian and philosopher takes a radically serious stance on the experience that life remains elusive – and reveals what is good about this. He finds traces of life's wisdom in traditional texts and poetry, as well as in television series of the current pop culture.



SABINE MEGHARIA AND OTHERS
Out of the Shadows

ISBN: 978-3-8436-1432-0

Patmos

40 Muslim women of various generations and professions invite you to get to know them quite personally beyond the clichés about “Muslim women.” The articles paint a colorful, diverse picture of the life and faith of modern Muslim women in German-speaking countries.



MARTIN WALSER/
MICHAEL ALBUS (EDS.)

We Would Rather Dream It All Than Say It

ISBN: 978-3-8436-1258-6

Patmos

This book of conversations between Martin Walser and Michael Albus was created at the author's request. Martin Walser talks about what still matters and what no longer matters after a long and fulfilled life.

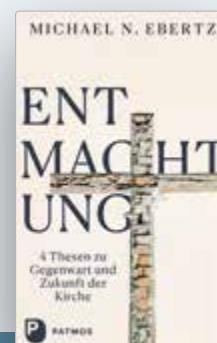


ULRICH LUZ
The New Testament for Beginners

ISBN: 978-3-8436-1095-7

Patmos

“Normal” men and women, Catholics and Protestants read the New Testament, asked critical questions and had objections. The result: a “reader-proof” book with information on Jesus, early Christianity and writings of the New Testament.



MICHAEL N. EBERTZ
Disempowerment

ISBN: 978-3-8436-1266-1

Patmos

In this book, Michael N. Ebertz describes existential caesuras and analyses the background and context of the Church's disempowerment – and outlines the direction of possible paths into a future in four theses.



HUBERTUS HALBFAS
Table Fellowship

ISBN: 978-3-8436-1360-6

Patmos

Hubertus Halbfas follows the references to how Jesus sat at the table with women and men, with Pharisees, “tax collectors and sinners” and talked about his hope for the “Kingdom of God” using the parable of the Great Banquet.



EUGEN DREWERMANN
The Hour of Jeremiah

ISBN: 978-3-8436-1250-0

Patmos

We experience the collapse of everything that has constituted the “strength” of the Catholic Church as a monarchical system. Eugen Drewermann's diagnosis is: This is the hour of the Biblical prophet Jeremiah, who proclaimed a new image of God.



EUGEN DREWERMANN/
MARTIN FREYTAG
The Mystery of Jesus of Nazareth

ISBN: 978-3-8436-1080-3

Patmos

The questions Eugen Drewermann answers in this book have been asked by students in religion class. Their teacher interviewed the well-known author on their behalf.

Sold: French



EUGEN DREWERMANN/
MARTIN FREYTAG
God, Where Are You?

ISBN: 978-3-8436-1210-4

Patmos

Eugen Drewermann responds to questions asked by students in religion class. Their teacher collected the young people's questions, which were answered in an understandable way by the well-known author.

Peace is the path to peace

- ▶ Against the militarization trend
- ▶ The Sermon on the Mount as a lifestyle
- ▶ Ways to convincingly create peace



“You can’t conduct politics with the Sermon on the Mount”, says the *Zeitenwende Magazine*. But we lose our humanity with every war. And as long as rulers – in fear of each other – threaten with constant armament to assert their power, wars will continue to rage and their casualties will increase. Instead of fighting the enemy as the “embodiment of evil”, we should finally abandon the delusional fear fantasy of a security policy based on military intimidation and strength. Security only exists as the security of other people. To understand them in their fear is the path of the Sermon on the Mount with its message: Do not fight evil with evil that is even worse. This is the real turning point, writes Eugen Drewermann. But we must decide what we want: the eternal war of Barrabas against “the Romans” or redemption from the horror of violence through Jesus’ message of peace.

EUGEN DREWERMANN
Only Through Peace Do We Preserve Ourselves

The Sermon on the Mount as a Turning Point

ISBN: 978-3-8436-1428-3

Patmos

Paperback

288 pages

14 x 22 cm

€ 28.00

EUGEN DREWERMANN, born in 1940, has a doctorate in theology. When he was suspended from the priesthood and the teaching profession, he began a career as a psychotherapist and writer. To date he has written more than eighty books and his works have been translated into more than a dozen languages.



By the same author:

EUGEN DREWERMANN
The Immortality of Animals: Kinship of All Life

ISBN: 978-3-8436-1379-8

Patmos

According to traditional Christian teachings, the human being takes precedence over the animal. Does this mean that animals are just transitory useful beings that are intended to serve humans? In his famous essay, Eugen Drewermann revises this viewpoint.



BERND JOCHEN HILBERATH
Spiritless? Spirit, Let's Go!

Experiences, Reflections and Conversations: With Michael Albus and Karl-Josef Kuschel

ISBN: 978-3-7867-3330-0 | Grünewald | Hardcover | 184 pages | 12 x 19 cm | € 22.00

How do we talk about the Holy Spirit?

Is our age becoming increasingly insipid? Or is the spirit just waiting to burst forth into brilliant insights and inspired decisions? People associate many different things with “spirit.” Bernd Jochen Hilberath explores these connections and focuses on them in view of spirit as the “Holy Spirit” in Christian churches: How do spirit and institution, charisma and ministry, spirituality and hierarchy relate to each other? Is the Synodal Way without spirit or is it the work of the spirit?



JÜRGEN WERBICK
Christianity: Can It Go Away?
 ISBN: 978-3-7867-3329-4
 Grünewald

For Jürgen Werbick, the liberation of faith from the constraints of a self-referential belief administration system is indispensable – and it has already started in many cases. This encouraging book shows what today's Christianity is essentially about as an ongoing challenging perspective of hope for human beings.



GEORG LANGENHORST
In Dialogue with Poetry
 ISBN: 978-3-7867-3332-4
 Grünewald

Georg Langenhorst is the first person to provide an extensive overview of Kuschel's approach, his individual developments and the breadth of his work. The author shows how theologians treated literature before Kuschel publicized his methodology – and what constitutes his paradigmatic new approach as a result.



THOMAS SÖDING
Travelling Together: Synodality in the Catholic Church
 ISBN: 978-3-7867-3317-1
 Grünewald

Thomas Söding has accompanied the Synodal Way of the German Church with much dedication. His articles on the tasks, processes and objectives of a necessary renewal of the Church have been collected in this book. The Bible scholar has a special perspective on this situation.



ANDREAS BENK
Christianity, Anti-Semitism and Shoah
 ISBN: 978-3-7867-3319-5
 Grünewald

Creation theology has radical consequences for life. Andreas Benk has developed a visionary version of creation theology based on liberation theology as an alternative to global injustice, thereby overcoming its focus on conflict with natural sciences.



STEFAN KNOBLOCH
Ambiguous Faith
 ISBN: 978-3-7867-3296-9
 Grünewald

Faith is related to life, life of individuals with their everyday worries, doubts and uncertainties. This results in ambiguous diversity, which isn't a sign of deficiency but of search. This book encourages to engage with this ambiguity of faith and regain trust.



MARGIT ECKHOLT
Moved by the Spirit
 ISBN: 978-3-7867-3277-8
 Grünewald

In this book, Margit Eckholt invites readers to engage with the scriptural texts in order to walk the synodal paths on their own with trust and courage – to be “moved by the spirit”.

Sold: Italian



HANS KESSLER
Resurrection
 ISBN: 978-3-7867-3252-5
 Grünewald

Hans Kessler examines the sources and foundations of the belief in resurrection and traces it back to a fundamental question for the Christian understanding of God: Who is this God, who wants all-encompassing and boundless life for everyone?



NORBERT RECK
Jesus the Jew and the Future of Christianity
 ISBN: 978-3-7867-3180-1
 Grünewald

Ever since the Enlightenment, there has been a deep rift between church doctrine and critical studies of the Bible. The author proposes how the discovery of Jesus the Jew can lead to a new future of Christianity.

Waiting for Godot? Rebel and believe differently!



There is a seething among Catholic Christians. They are constantly confronted with how implausible, incomprehensible and superfluous their Church has become. It provides little help to them in continuing to justify their own faith to themselves and others. At the same time, they care about what happens to their faith. But how can this go on when it no longer does?

Hans-Joachim Sander is committed to revealing this situation and expressing his solidarity with those who are harassed within and outside of the Church: What can people use as a guide? How do they get out of the deplorable melange of horror, anger and rage? He advocates that precisely where Catholics must decide whether to leave or not to leave, they should always take the risk of believing differently instead of resigning to ecclesiastical hypocrisies. Those who believe differently without simply believing differently will become resistant and encouraged to enter into a complex openness of this faith. Then the promise of its message overflows because its greatness is so immensely abundant instead of merely being superfluous.



By the same author:

HANS-JOACHIM SANDER
Believing Differently, Not In Spite of It

ISBN: 978-3-7867-3230-3

Grünewald

Catholics have been shaken time and again due to unbelievable revelations about sexual abuse. Furthermore, the perception of the spiritual abuse behind this issue is also intensifying. But the focus has just recently shifted to how, who and what can be believed at all. The Catholic faith will not emerge anew in this space, but it can change.

HANS-JOACHIM SANDER
**After Patience and Beyond
Whatever**

Having a Credible Catholic Belief
When Your Own Church Makes
Itself Superfluous

ISBN: 978-3-7867-3347-8

Grünewald

Paperback

192 pages

14 x 22 cm

€ 25.00

HANS-JOACHIM SANDER holds a doctorate in theology and is a professor of dogma at the University of Salzburg, Austria.

MAGNUS STRIET

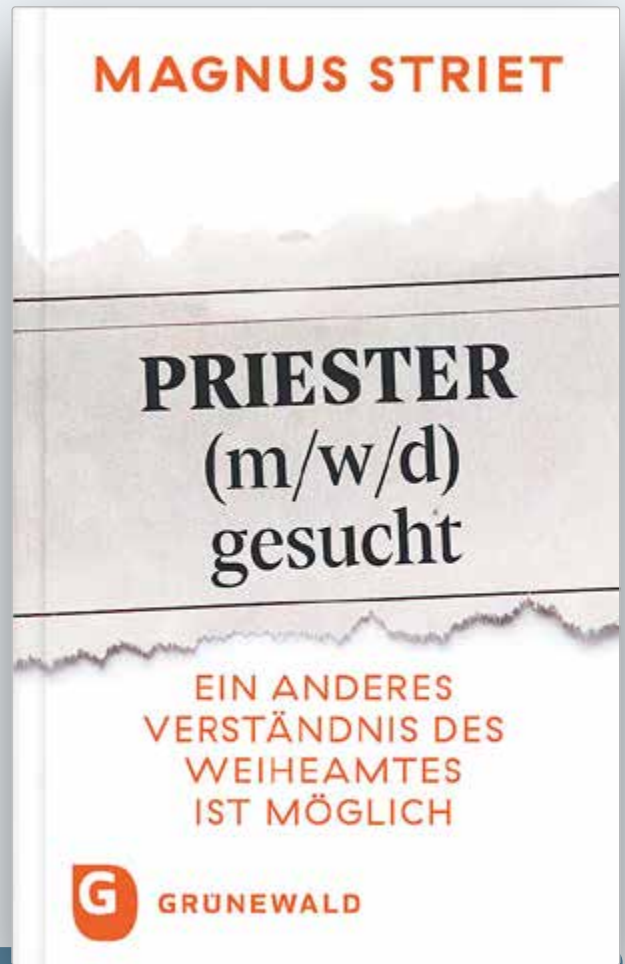
Priests (M/F/X) Wanted

A Different Understanding of the Ordained Ministry Is Possible

ISBN: 978-3-7867-3275-4 | Grünewald | Hardcover | 160 pages | 14 x 22 cm | € 22.00

Making reforms possible

The Church is in a dilemma. If it does not break up clerical hierarchical structures that encourage the abuse of power and exclude women in particular from many things, people will continue to run away from it in droves. But from a magisterial point of view, substantial reforms are actually not possible. The question of the ordained ministry touches on the innermost core of the Church's traditional self-image. John Paul II even prohibited the discussion of it. So is the further decline of the Church an inevitable fate? Magnus Striet examines the question of how it was possible for the image of the priest to become exaggerated and whether the conditions for the papal ban on discussion are even given. This proposal for discussion could lead the Church out of its dilemma.



OTTMAR FUCHS

Moments of Mysticism in Limbo

Living in Uncertain Times

ISBN: 978-3-7867-3336-2 | Grünewald | Hardcover | 160 pages | 12 x 19 cm | € 20.00

Being human in the "limbo between yes and no"

Many people increasingly experienced what limbo means during the Covid years: appointments in limbo, familiar certainties became unreliable and they were challenged to live on sight. Ottmar Fuchs takes such experiences as a starting point and shows how they reinforce similar states in faith and spirituality. They are experiences that stop what has gone before and make people pause: a look at the starry sky, time spent in nature, dreams and delirious states, art and music, love and friendship – but also suffering and compassion. They can trigger a sense of floating that exists beyond time.



Pastoral theology with vision



PAUL M. ZULEHNER

Hope for a Floundering World

A Pastoral Theology for Europe

ISBN: 978-3-7867-3345-4

Grünewald

Paperback

512 pages

14 x 22 cm

€ 49.00

Europe is considered the “Christian West”. But how Christian is the continent today? Is Christianity dying, as some people suspect? Or is it undergoing a profound transition following the end of the Constantine era? And finally: How can the Gospel be a source of hope in today’s floundering world?

These are questions that concern European pastoral theology, which is presented here and draws on the rich material of the European Values Studies 1981-2020. However, what has been lacking is a pastoral-theological reflection on the Church’s activities throughout the entire continent of Europe: a European pastoral theology. This gap is now filled by Paul M. Zulehner, who has spent many years researching the sociology of religion and pastoral theology in the highly diverse regions of Europe.

PAUL M. ZULEHNER holds doctorates in both philosophy and theology and is one of the most renowned scholars in religious sociology in Europe. From 1984 until his retirement in 2008 he was a professor of pastoral theology in Vienna, Austria. His numerous publications focus especially on the sociology of religion and the church, and pastoral theology.



By the same author:

PAUL M. ZULEHNER

The Church Listens to the People

ISBN: 978-3-7867-3243-3

Grünewald

Case studies are listening to people in a scientifically organized way. This book includes five such case studies, which could be helpful in the day-to-day operations of the Church: on the satisfaction with Pope Francis, the role of the Church as an oasis of diffusing trust in cultures of fear and the Church as a home.



SONJA MARSCHALL

Lotte and the Little Chemo Manikins

ISBN: 978-3-8436-1182-4 | Patmos | Hardcover with dust jacket | 36 pages | 19 x 23.5 cm | € 14.00

How can I explain the disease of cancer in a child-friendly way?

About 1,800 children are diagnosed with cancer every year in Germany alone. These are 1,800 affected families with parents, siblings, grandparents, relatives, friends, neighbors, colleagues, classmates and children in the same preschool. This book of encouragement is written and drawn for all of them. The young author of this sensitively illustrated family book draws on advice from experts at several university hospitals on how to explain to children starting at four years about what happens in a case of cancer, what courses it may take and how it can be treated



SABINE WALDMANN-BRUN
Jojo Rosepetal and the Trip in the Balloon

ISBN: 978-3-8436-1138-1
Patmos

Jojo Rosepetal knows stories from the Bible and invites the children Felix and Mia to a night-time trip in his balloon! This is a night full of adventures, in which they learn something about reconciliation, peace, diversity and why God is with every person who has sorrow.



ALBERT BIESINGER & SARAH
My Children's Bible

ISBN: 978-3-8436-0954-8

Albert Biesinger tells the stories of the Bible in a new way, along with his granddaughter, Sarah. They both discover: God is always with us, every day. This is a wonderful gift for big and little people from six years and up.

Sold: German audio rights



MARTINA STEINKÜHLER
You Are Welcome!

ISBN: 978-3-8436-0896-1
Patmos

This baptismal Bible gently leads children into the world of Christian faith. It illustrates opportunities to speak about God, and introduces more than 20 Biblical stories. This book is like a seed from which faith can grow!



MARTINA STEINKÜHLER / ANNE FRÖHLKE
The Story of the Good King

ISBN: 978-3-8436-0671-4
Patmos

Many children are not familiar with the Lord's Prayer, or they don't understand what they mean. This picture book tells the story of God the good king in an entirely new way – and very simply.



JOCHEN WEEBER
What on Earth Is Wrong with Gisbert?

ISBN: 978-3-8436-0701-8
Patmos

Gisbert feels very comfortable in his giraffe skin. One day he hears two hyenas whispering behind his back and suddenly feels smaller! This continues until Gisbert finally knows what's wrong.
Sold: English (World), French



JOCHEN WEEBER
Henrietta Feels the Wind

ISBN: 978-3-8436-0881-7
Patmos

Henrietta has three favorite things: computer games, computer games, computer games. Until one day a ball flies through her window, and she meets Ollie, Paul, and Louise. They take her to a fascinating place...outside!
Sold: Lithuanian



PETRA FIETZEK
Everything Is Different for Lulu Now

ISBN: 978-3-8436-0521-2
Patmos

Everything is just fine in Lulu's world. But suddenly, nothing is the way it used to be. That makes Lulu sad and very angry. This book helps children cope with radical changes in their lives, such as death or divorce.



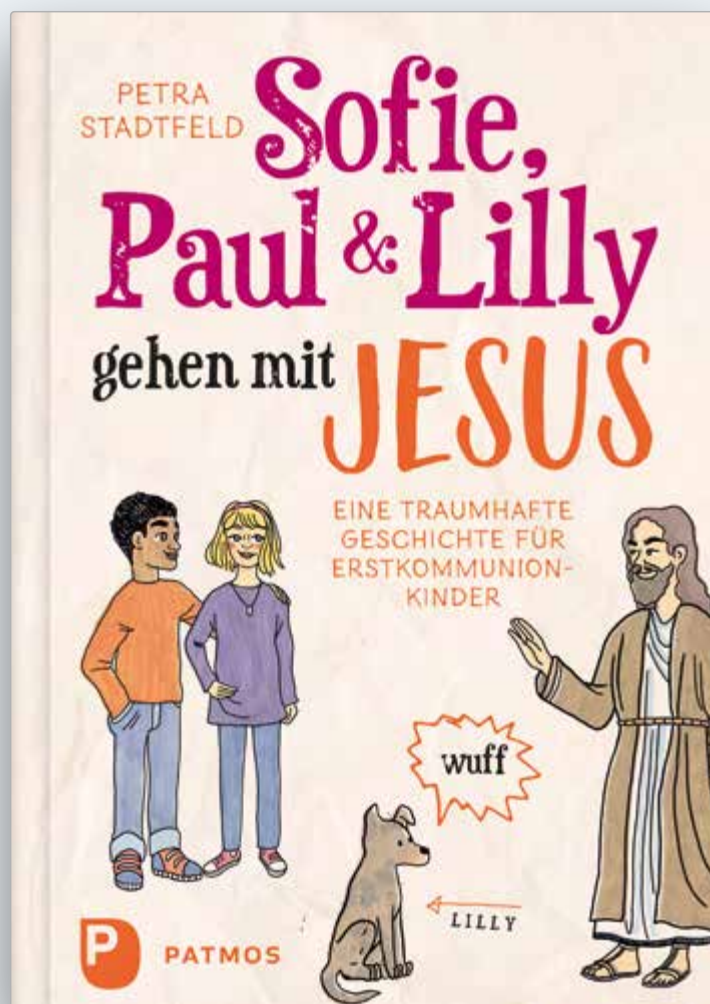
ANNETT STÜTZE / BRITTA VORBACH
Grandpa, What Color is Death?

ISBN: 978-3-8436-0953-1
Patmos

Grandpa rabbit feels that it will be his last spring. That's why he decides to talk about death with the little rabbit. In the end, the little rabbit knows that grandpa will always be in his heart.

Stories for the First Communion

- ▶ Lovingly illustrated
- ▶ Unusual and interactive story
- ▶ A gift of lasting value



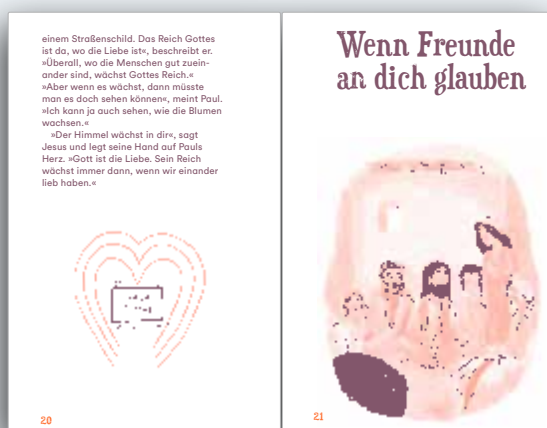
PETRA STADTFELD
**Sofie, Paul and Lilly
 Walk with Jesus**
 A Divine Story for
 First Communion Children

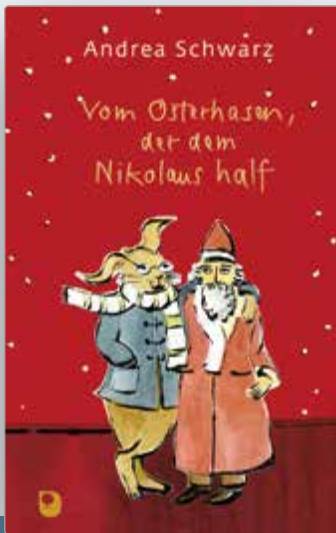
ISBN: 978-3-8436-1340-8
 Patmos
 Hardcover
 72 pages
 12 x 19 cm
 € 12.00

The communion children Sofie and Paul and their dog Lilly are surprised to find themselves in Israel at the time of Jesus. They wander together with Jesus and his disciples, meet blind Bartimaeus, eat with Zacchaeus and talk with Jesus about God. They have the experience that Jesus is a real friend upon whom they can always rely.

A lovingly illustrated gift book for the First Communion.

PETRA STADTFELD works as a spiritual and retreat companion at the Diocese of Trier. She accompanies people on their path of life and faith, as well as organizing retreats for groups. She is the author of many Christian-spiritual books.





ANDREA SCHWARZ

The Easter Bunny that Helped St. Nicholas

ISBN: 978-3-98700-038-6 | Eschbach | Hardcover | 40 pages | 12 x 19 cm | € 10.00

A magical tale of Christmas

What happens when the Easter Bunny wakes up too early from its winter break and St. Nicholas urgently needs help and new ideas? Andrea Schwarz tells this magical tale of Christmas with a twinkle in her eye.



RAINER HAAK

A Thousand Stars in the Night Sky

ISBN: 978-3-86917-958-2

Eschbach

Rainer Haak's Christmas stories are set in our time, among people as we know them. The stories tell about how even today at Christmas people see the light, a star can become a gift and a friendly encounter can turn into an angel ...



RAINER HAAK

Monsieur Jaque's Gift

ISBN: 978-3-86917-600-0

Eschbach

Rainer Haak introduces us to Monsieur Jacques, a loveable bon vivant. He tells short stories from everyday life or unusual encounters in his diary. They all express a special worldly wisdom that involves the love of life.



DORIS BEWERNITZ

Little Mr Lu Chi in Paradise

ISBN: 978-3-86917-913-1

Eschbach

You simply have to like little Mr Lu Chi. He's 70 years old, modest and well-versed in life. As curious as a child, he has his very own view of the world and human existence: How much wisdom fits into a sack? What does a heart have in common with a piece of cheese? Where is paradise?



DORIS BEWERNITZ

Little Mr Lu Chi

ISBN: 978-3-86917-841-7

Eschbach

Little Mr Lu Chi, 70 years old and modest, with plenty of life experience and curious as a child, has his very own view of the world. His everyday and astonishing, whimsical and loving wisdom, not only helps you to see beyond the horizon.



EVA MUTSCHER

The Secret of the Little Sadness

ISBN: 978-3-86917-601-7

Eschbach

In a humorous way, this little story tells about an unexpected discovery and a special kind of worldly wisdom: Those who do not turn sadness away from their doorstep leave the door open for joy in life.



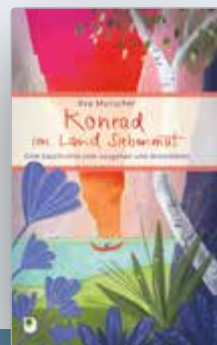
EVA MUTSCHER

Visit from the Little Queen

ISBN: 978-3-86917-912-4

Eschbach

The Little Queen knows how to turn the days into friends. She simply gives them names, which allows her to become the ruler of her own realm. She also has a few tricks on how to succeed in life. This story is full of worldly wisdom and happiness.



EVA MUTSCHER

Konrad in the Land of Seven States of Mind

ISBN: 978-3-86917-837-0

Eschbach

Konrad sets off on a quest: to find a special state of mind so that he can succeed in living his dream. This is a poetic tale about setting off and arriving – about contentment and happiness.



DAGMARA DZIERZAN

The Town Watchman of Minimonongau

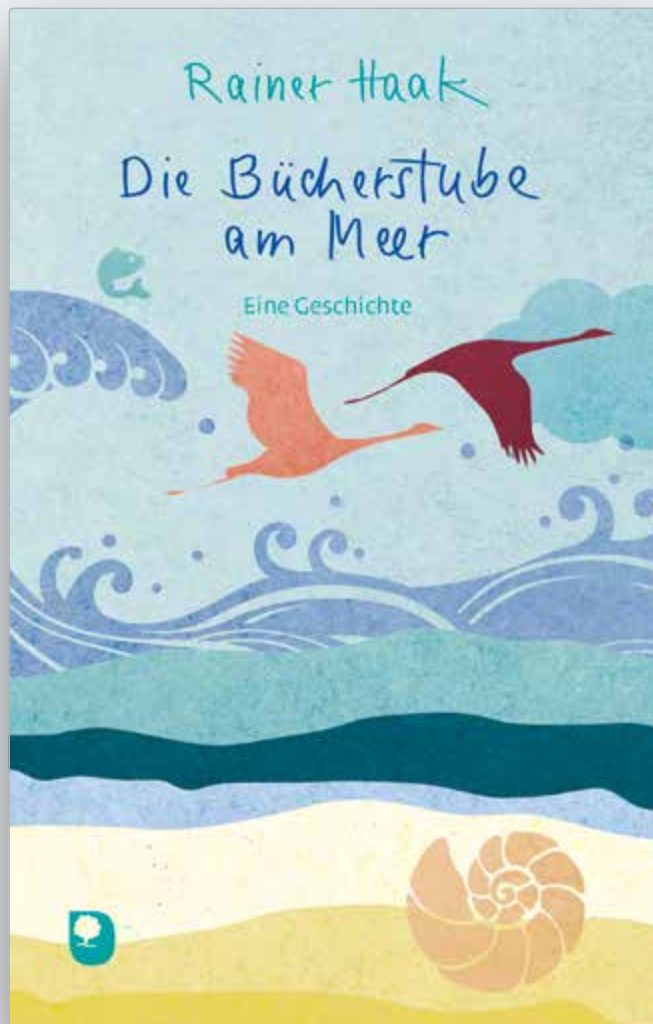
ISBN: 978-3-86917-797-7

Eschbach

The town watchman of Minimonongau, takes his task seriously. Not everyone is allowed to enter. Especially not those without papers. But on a cold night, two figures suddenly stand in front of the gate ...

A summer by the sea

- ▶ A story of sun and sea, summer and longing
- ▶ Following your dreams



Lissy is looking forward to an exciting future: The children are out of the house, and she is open to new challenges. Then she gets a phone call that completely upsets her plans: A small bookstore by the sea needs her help. This is the start of Lissy's adventurous journey to herself...

RAINER HAAK

The Bookstore by the Sea

A Story

ISBN: 978-3-98700-043-0

Eschbach

Hardcover with ribbon

112 pages

12 x 19 cm

€ 12.50

RAINER HAAK worked as a waiter, book dealer, pastor, concert organizer and tour operator before he became one of the most **SUCCESSFUL BOOK** authors in the German-language region with more than 9 million books sold.



By the same author:

RAINER HAAK

My Life Sparkles Wonderfully

ISBN: 978-3-98700-004-1

Eschbach

Rainer Haak's stories and poems open eyes and hearts to the wonders of completely ordinary life. Caught in their everyday struggles and worries, many people have no time to search for happiness. The good news is that happiness hasn't gone into hiding: It's already here and just waiting to be discovered.



LENA FUCHS

My Delicious Life

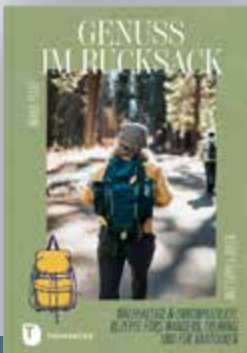
Sustainable Cooking & Conscious Enjoyment: Recipes & Inspirations

ISBN: 978-3-7995-1584-9 | Thorbecke | Hardcover | 248 pages |

19 x 24 cm | € 29.00

Cooking and baking in harmony with nature

Natural ingredients and the natural cycles determine what goes into Lena Fuchs' cooking pot and on her plate. She believes that self-love starts with good food and using it mindfully: This involves where we shop and what we buy, as well as how we eat it. In her book, the trained nutrition educator tells us how to live in a healthy and conscious way with simple, seasonal and natural recipes. Favorite dishes suitable for the everyday routine provide the perfect balance between good and delicious.



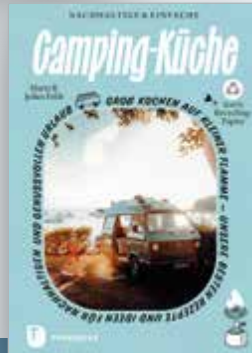
MARIE FELDT

Enjoyment in Your Backpack

ISBN: 978-3-7995-1981-6

Thorbecke

Simple, quick recipes for trips and hikes with packing lists, hiking tips and hints for environmentally friendly trekking tours – plus interesting facts about wild herbs, berries and zero waste in the mountains. These recipes for your hiking provisions are anything but boring!



MARIE AND JULIUS FELDT

Sustainable and Simple Camping Cuisine

ISBN: 978-3-7995-1551-1

Thorbecke

We love the short and long escapes with our camper into nature. We feel that cooking while camping is a relaxed communal experience. We put together simple recipes that do without exotic ingredients and still spread holiday flair.



JANA EISERT

Ayurveda

ISBN: 978-3-7995-1590-0

Thorbecke

Jana Eisert has first-hand experience of how stress can affect a person's health. But thanks to Ayurveda, her health problems are now a thing of the past. The trained Ayurveda nutritionist now shares her knowledge about healthy eating and dealing with stress in her book.



JULIA RADTKE

My Vegetarian Family Meals

ISBN: 978-3-7995-1575-7

Thorbecke

Everyday family life is colorful, full of hustle and bustle – and sometimes even stressful. Keeping track of a healthy and balanced diet is not always easy. Julia Radtke shows how easy it is to serve uncomplicated, quick and varied meals with less than 7 ingredients.



CAROLINE PRITSCHET

Happy & Healthy

ISBN: 978-3-7995-1546-7

Thorbecke

Instead of stress and career, the author focused on mindfulness, yoga and meditation, combined with a purely plant-based diet. In this book, she shares her best recipes and provides background knowledge on how we can have healthier lives in the long run.



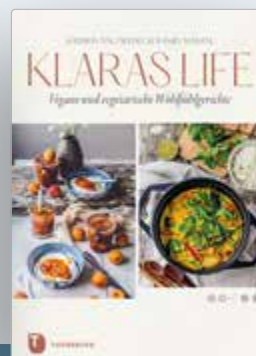
LYNN HOEFER

Heavenly Healthy

ISBN: 978-3-7995-1291-6

Thorbecke

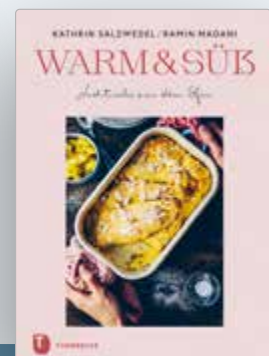
With her creative recipes, Lynn Hoefler shows the ease of healthy nutrition entirely without industrial products, refined sugar and gluten. Her book is more than just a cookbook: it's an attitude towards life.

KATHRIN SALZWEDEL /
RAMIN MADANI**Klara's Life: Vegan and Vegetarian Wellness Dishes**

ISBN: 978-3-7995-1474-3

Thorbecke

Klara's Life presents the best recipes for the autumn-wintery trend topic of vegan and vegetarian comfort food. The author duo shows how simple it is to shop and cook in a healthy way.

KATHRIN SALZWEDEL /
RAMIN MADANI**Warm & Sweet**

ISBN: 978-3-7995-1564-1

Thorbecke

Nothing makes us feel so at home like sweet soul-satisfiers from the oven. Almost forgotten classics like Arme Ritter (German-Style French Toast) and modern recipes like Banana Scones put a smile on our faces.

Enjoying the treasures of autumn

- ▶ Apples and pears are Germans' favorite fruits
- ▶ Recipes for preserving, baking and cooking
- ▶ Successfully established author duo



We love to enjoy the treasures of autumn in every form: apples, pears and quinces – whether tart, sweet or salty, warm or cold: These popular autumn fruits offer something for every dish and every taste. The successful author duo presents an extensive collection of recipes that range from Apple Galette, Apple-Celery Salad, Pear-Cardamom Cake, Pear-Mirabelle Plum Porridge to Pumpkin-Quince Stew and Marzipan Waffles with Quince Compote.

KATHRIN SALZWEDEL /
RAMIN MADANI
Apples, Pears and Quinces
Savoury and Sweet Dishes for
Autumn and Winter

ISBN: 978-3-7995-1559-7
Thorbecke
Hardcover
184 pages
19 x 26 cm
€ 28.00

KATHRIN SALZWEDEL lives at the edge of the Northern Black Forest together with her bantams. Her food-blog »klaraslife« was born from the passion for photography and baking. Her favorite place is her kitchen where she creates new recipes daily. Kathrin is professionally active as food stylist as well.

RAMIN MANDANI lives at the edge of the Northern Black Forest together with his bantams. The food-blog »klaraslife« was born from his passion for photography and baking. He creates new recipes daily.



By the same authors:

KATHRIN SALZWEDEL / RAMIN MADANI
Root Vegetables
ISBN: 978-3-7995-1523-8

Thorbecke

New savory and even sweet vegan and vegetarian recipes with familiar and almost-forgotten types of root vegetables – as well as recipe classics with a new twist – make sure that we will never get bored with vegetable cuisine.



BELINDA HAUSNER

Wonderful Christmas Cakes and More

Fantastic Baking for the Holidays

ISBN: 978-3-7995-1991-5 | Thorbecke | Hardcover | 136 pages | 19 x 26 cm | € 26.00

Fantastic baking during Advent

Christmas is the most beautiful time of the year – and the sweetest! For Advent and Christmas, Belinda Hausner has put together a deliciously sweet survival package with this enchanting book. She presents us with her best recipe ideas for wonderful cakes, tarts and cookies, warm winter drinks and sweet ideas for Christmas desserts. Because when Belinda Hausner bakes, “ahs” and “ohs” are guaranteed.



BELINDA HAUSNER

Wonderful Winter Cakes

ISBN: 978-3-8436-1560-3
Thorbecke

These wonderful cakes and torts are meant to be little islands in everyday life that pamper us even when just look at them: creamy torts, little nibbles and dreams made of chocolate. In equally fantastic photographs, Belinda shows us her favorite recipes that are easy to bake with little effort.



ANDREA NATSCHKE-
HOFMANN

Delicious Baking for Cold Days

ISBN: 978-3-7995-1525-2
Thorbecke

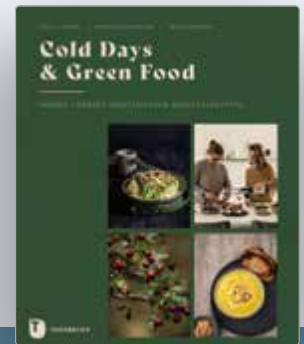
As soon as it gets colder outside, we feel a stronger desire for delicious baked goods, the scent of cinnamon and warm cakes. And baking is simply the most fun during this season. This book is a collection of recipes for cold days.



Kitchen Herbs with Enjoyment

ISBN: 978-3-7995-1563-4
Thorbecke

Kitchen herbs add their unique aromas to many dishes, look decorative and usually also have curative effects. In herb portraits, gardening expert Andreas Barlage shows what you need to know about the green spice wonders. The modern recipes will whet your appetite for trying out new things with herbs.



JULIA CAWLEY / VERA SCHÄPER/
SASKIA VAN DEELEN

Cold Days & Green Food

ISBN: 978-3-7995-1532-0
Thorbecke

Being outside on chilly winter days, enjoying the natural world and then coming home to a warm soup already waiting on the cooker. Pure happiness! This book tells of these special moments in the cold season and the joys of good, that lets us feel warm and cozy.



JULIA CAWLEY / VERA SCHÄPER/
SASKIA VAN DEELEN

Wild & Cosy

ISBN: 978-3-7995-1476-7
Thorbecke

Actively experiencing wild mountains and nature – and then coming home to a waiting hot coffee with whisky and cream. This is coorie, the Scottish expression for equilibrium between nature and coziness.

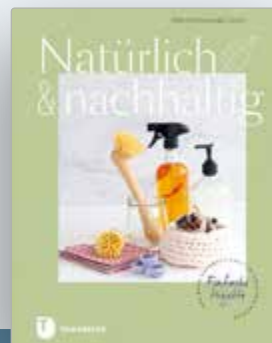


At the Table in Paris

ISBN: 978-3-7995-1574-0
Thorbecke

Imagine strolling in Paris along the Seine while taking little breaks at street cafés. Boeuf Bourguignon and Crème Brûlée awaken memories of these beautiful days. With typical recipes, our cookbook invites readers to take a culinary stroll through Paris.

Sold: English (World)



SILKE ROTHENBURGER-ZERRER

Natural & Sustainable

ISBN: 978-3-7995-1531-3
Thorbecke

We all know how important it is to live sustainably, avoid plastic and produce less waste. Silke Rothenburger shows us how we can do this in an uncomplicated way with her small, creative projects for the bathroom, kitchen, living room and garden.



JUTTA SCHNEIDER /
ULRIKE SCHNEIDER

Baking Your Own Breads Made Simple

ISBN: 978-3-7995-1522-1
Thorbecke

Ulrike and Jutta Schneider show how simple it is to bake good and wholesome bread and rolls on your own. Clearly organized according to rising time, there's something here for everyone.

Baking, cooking and giving in the cold season

- ▶ A variety of ideas for the cold autumn and winter season
- ▶ Recipes for hearty feel-good dishes, hot drinks and delicious cakes
- ▶ Inspirations for gifts from the kitchen & garden



In the colder season with its shorter hours of daylight, candlelight illuminates the house, small fir branches decorate the flat and autumn leaves rustle under our outdoor boots. This is when we feel a stronger desire for feel-good food: dishes that warm from the inside, taste like winter spices and convey a sense of security. Whether we are alone, with family or spending time with friends: We can once again appreciate the little things in life and give them away. We can take our time – together or just for ourselves – and simply start with a big cup of spiced chocolate milk to enjoy the wonderful wintertime.



By the same author:

CAROLIN JAHN
From the Garden to the Plate

ISBN: 978-3-7995-1545-0

Thorbecke

In her book, the author shares tips on how readers can easily grow their own vegetables and which plants make good neighbors in the bed. Her recipes show how to get through the year with a variety of seasonal fruit and vegetables and how to prepare tasty preserves.

CAROLIN JAHN

Wonderful Wintertime

Baking, Cooking and Giving in the Cold Season

ISBN: 978-3-7995-1580-1

Thorbecke

Hardcover

200 pages

19 x 24 cm

€ 20.00

CAROLIN JAHN is a passionate amateur cook and baker. She lives with her family in the tranquil town of Schwäbisch Gmünd in the south of Germany. She has been sharing her love of seasonal cooking and baking in her garden & food blog called Parzelle14.com since 2018. On her blog and Instagram account Parzelle_14, Carolin Jahn writes about everything that moves her and makes her creative. This is where she shares instructions and ideas about gardening, growing vegetables and recipes that are perfectly suited to the respective season and time of year. Thorbecke has already published “Vom Garten auf den Teller” (From the Garden to the Plate).

EVITA HAMON

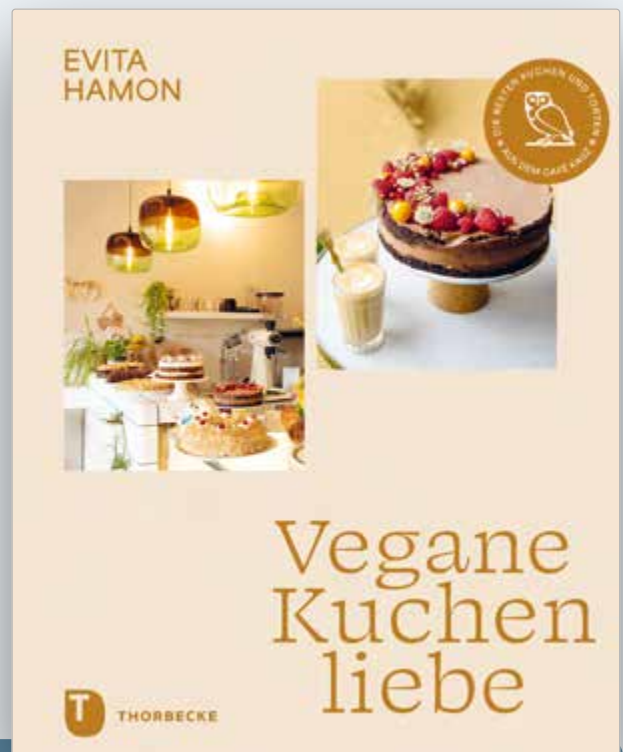
Vegan Love of Cake

The Best Cakes and Tarts from Café Kauz

ISBN: 978-3-7995-1993-9 | Thorbecke | Hardcover |
128 pages | 19 x 24 cm | € 24.00

Café culture at home

Everyone feels welcome at Café Kauz, and that is not just because of the cheerful team and cozy atmosphere. The cakes are lovingly baked in-house. Every day, a different “baking lady” stands in the kitchen and conjures up five to six cakes: students and pensioners, but also women who take extra time off for them. Each woman’s name is announced on a plaque next to the bar. In this book, the bakers of Café Kauz let us look over their shoulders and tell us how you can whip up wonderful cakes with lentil cream or coconut milk and applesauce instead of egg. And they will make everyone feel happy and full. Let yourself be convinced by Panna Cotta Tart, Apricot Lavender Cake or Vegan Frankfurt Wreath.



CHRISTINA HESS

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Ready in Less than An Hour

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Cakes, cookies and more for spontaneous people – on the coffee table in an hour at most

When things must really go fast once again: friends have announced a spontaneous visit, more guests than expected are coming for a birthday or you suddenly want to have a picnic with cake on a balmy summer day. Then this book is the perfect inspiration because blogger Christina Hess knows the best recipes for superfast sheet or yeast cakes, cookies and muffins. Incidentally, the sweet delicacies require little effort since most recipes just need a mixing bowl for the dough and a baking tin. In addition, there are recipes without flour or butter – in case one or the other ingredient is missing in the pantry.



News from the feathered folk

- ▶ Current topic
- ▶ Interesting facts about Germany's native bird life
- ▶ Wilderness educators explain the language of birds
- ▶ Entertaining guide



Why do we encounter robins everywhere but rarely get to see nightingales? What does it mean when the birds in the forest suddenly fall silent? How can we recognize bird calls more easily? Wilderness educator Paul Wernicke takes us on his forays through the local world of nature. He reports on how observing and experiencing birds has taught him to understand them better and gives tips on how we can do the same. In a very personal way, the self-proclaimed “birdologist“ talks about his life in nature and his efforts to provide a habitat for many bird species. The observations on bird language and signature of the landscape are based on Paul Wernicke’s research and experiences, including at his own wilderness station in Brandenburg. This is what makes this book absolutely unique.



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PAUL WERNICKE / KATHRIN BLUM

Understanding Birds

What Birds Reveal About Humans and Our Environment

ISBN: 978-3-7995-1978-6

Thorbecke

Hardcover

184 pages

13 x 21 cm

€ 24.00

PAUL WERNICKE is a wilderness educator in Brandenburg and runs the Hohe Fläming Wilderness School. He offers the “bird podcast“ about his experiences and observations of the bird world. As a tracker and wolf representative, he is involved in wolf monitoring for the Hohe Fläming. In particular, he is a lover of and expert on German bird life. He is the father of three daughters and three sons. Through travels in the wilderness of Europe, Canada, USA and Namibia, he has been able to have many wilderness experiences in various natural areas. His search for contact with Indigenous peoples has led him to many Native American tribes of North America and the San Bushmen in the Kalahari, which has been a source of inspiration for him. His knowledge is based on the teachings of Tom Brown and Jon Young, among others.

KATHRIN BLUM is a wilderness educator and author. Her podcast is called “Waldweg“ (Forest Path). Among other things, she offers herbal walks and nature weekends for women. Rowolt published her “Der Baumsammler“ (The Tree Collector) book.

Our Agents:

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f: +49 6101 407 922
cai@hercules-book.de

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Simona Kessler
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f: +40 21 316 47 94
simona@kessler-agency.ro

Taiwan:

jia-xi books co., ltd.
Hsin-Hua Liu
t: +886 2 2321 45 45
f: +886 2 2321 69 14
eu@jiaxibooks.com.tw

Turkey:

ONK Agency Ltd.
Nora Zurnaci
t: +90 212 241 77 00
f: +90 212 241 77 31
norazurnaci@onkagency.com

Contact:

Luisa Bošnjak
Foreign Rights Department
t: +49 711 4406 148
f: +49 711 4406 177
lizenzen@verlagsgruppe-patmos.de

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Senefelderstr. 12
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